Sigma Chi Nu Chapter

Creating a Reciprocal Relationship to Foster Well-Being and Critical Consciousness

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Maykut, C., Lee, A., & Garcia Argueta, N.

Introduction

Nurses have a privileged opportunity to make a unique difference in promoting well-being for members of society. As a collective, we have the necessary education and resource access to enact excellence in service by identifying and addressing structural and political inequities.

Nurses must embrace diversity and equity whilst grounding our practice in inclusivity to challenge all forms of oppression detrimental to wellbeing. This ethical responsibility is reflected both in Sigma's (2017) Presidential Calls to Action as well as the International Council of Nurse's (ICN)'s position statement on human rights.

Chi Nu (Sigma, Chapter 515) places specific emphasis on the United Nations Sustainable Development Goals (UN SDGs) as part of our service mandate. Utilizing a narrative analysis, two significantly relevant UN SDGs were identified:

1. UN Sustainable Development Goal #3 – Fostering Well-being
2. UN Sustainable Development Goal #11 – Inclusive & Sustainable Communities

As humans, we are the stories we tell.

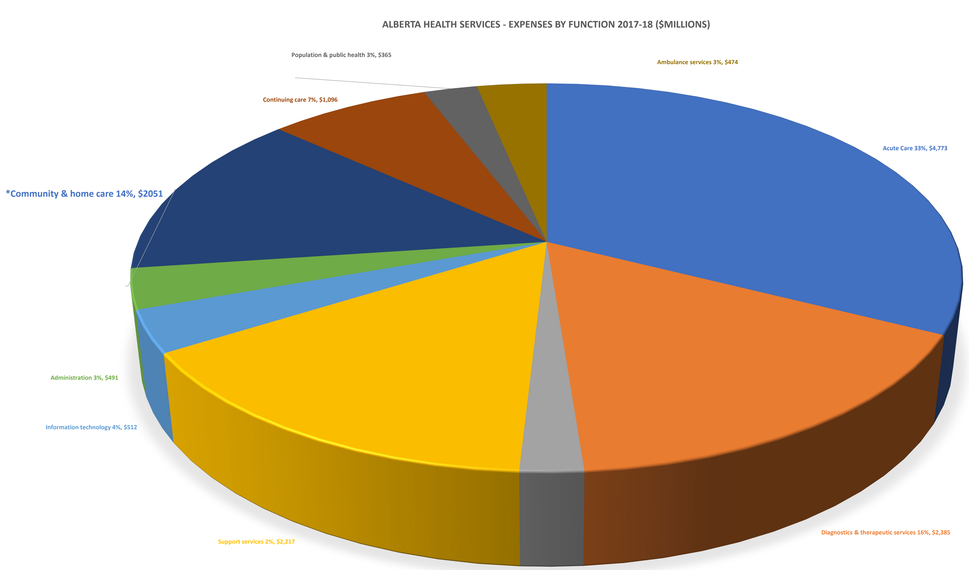
Sharing narratives provides an opportunity to create shared-meaning through beliefs, values and knowledge; providing direction for mutual goal development and collaborative learning.

Narrative Analysis

The following questions provided a framework for a critical discussion on the future of community partnerships (CPs) to address **health inequities** from a **social justice** paradigm:

1. How have our beliefs and values (privilege) influenced our previous choices of CPs?
2. How does the socio-political context influence the state of health in our community?
3. How should the concept of "reciprocity" guide decision-making?
4. How should the concept of "*critical consciousness*" guide our nursing practice?
5. How should this service strategy foster a meaningful learning experience for all?

Understanding Context for Sustaining Future Relationships



https://insite.albertahealthservices.ca/Main/assets/tms/fin/tms-fin-budgeting-and-monitoring.pdf

1. ***Sustainable*** - minimum of a two-year period.
2. ***Intersectionality principles*** for underrepresented group – youth who are homeless experiencing mental wellbeing challenges
3. ***Reciprocity*** for wellbeing

https://www.mentalhealthcommission.ca/sites/default/files/2017-07/Youth%20Strategy%20Header%20Illustration.png

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