# Best Practices in Global Academic Exchange: Lessons from an Interprofessional Collaborative Relationship with China



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### Purpose

# Advantages:

- Gain cultural humility (Cleaver et al., 2016)
- Be better equipped to communicate effectively and work productively in culturally diverse environments (Busse, Aboneh and Tefera, 2014)
- Develop disciplinary knowledge in a broad cultural, political, socio-economical and ethical context (Jogerst et al., 2015)

# Challenges:

Initiation, planning, execution, evaluation, continuation

#### Location

Shenzhen: a city in southern China near Hong Kong

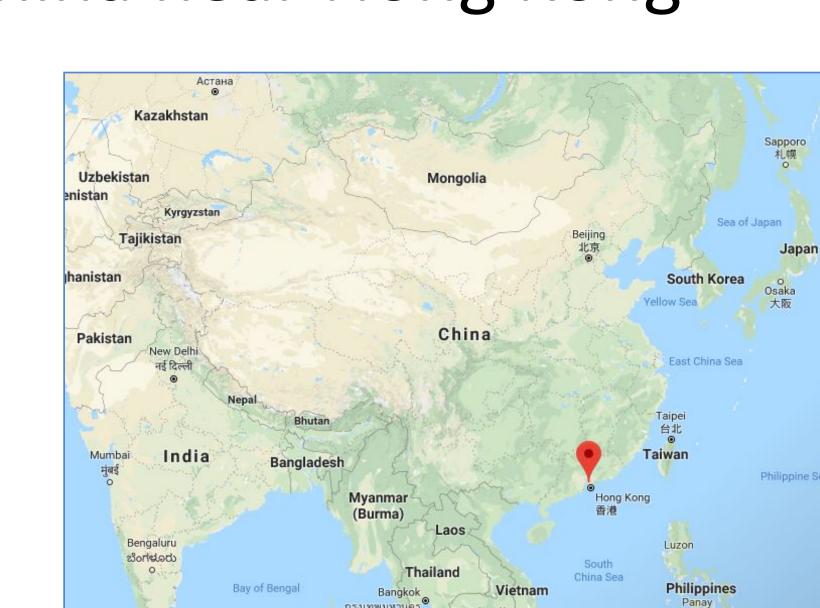
Population: 13 million GDP: \$303.37 billion

 Ping An Insurance, ZTE, Huawei, Tencent, etc.

Chinese dialects:

Headquarters:

Cantonese, Mandarin



深圳宝兴医院

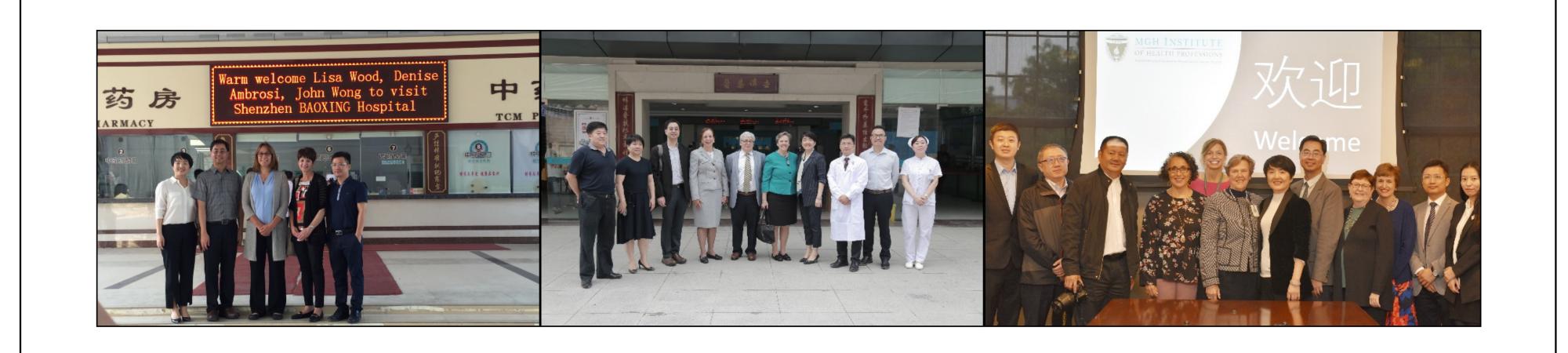
# **Best Practice 1: Establish Trust**

Especially important in China ("guanxi")

- . Spend sufficient time getting to know each other
- 2. Set clear goals before the academic exchange
- Formulate agreements that cover resources that are needed and any financial arrangements if needed should be made

#### Results:

- Boston visit by a Shenzhen Baoxing Hospital representative from China in 2016
- Shenzhen visits by IHP faculty in 2016-2018
- Shenzhen visit by an IHP leadership team in April 2018
- Boston visit by a Shenzhen Baoxing Hospital leadership team in October 2018



# Best Practice 2: Develop a Curriculum

- Address global competencies (Jogerst et al., 2015) and specific learning objectives
- Set clear expectations for a mutually beneficial experience for both sides
- Ensure keen awareness of the potential harms of short-term activities (Lasker et al., 2018)

#### Results:

- Orientation and preparation: readings, online cases on ethical challenges (Johns Hopkins Berman Institute of Bioethics website), group meetings
- Development of a learning contract, with specific team goals and individual goals that addressed selected global competencies
- IHP interprofessional team in Shenzhen (January 2019): two hospitals, several community health service
- Two Shenzhen Baoxing Hospital physical therapists in Boston (Summer 2019): class observations, interactions with faculty and students, clinical visits

#### Discussion

# Challenges:

- Obtain support and find resources to sustain
- Make changes for improvement
- Develop new collaborations

#### Conclusions:

- Avoid miscommunication due to cultural differences
- Ensure mutual benefit
- Provide a framework that guides decisions for future opportunities

#### References

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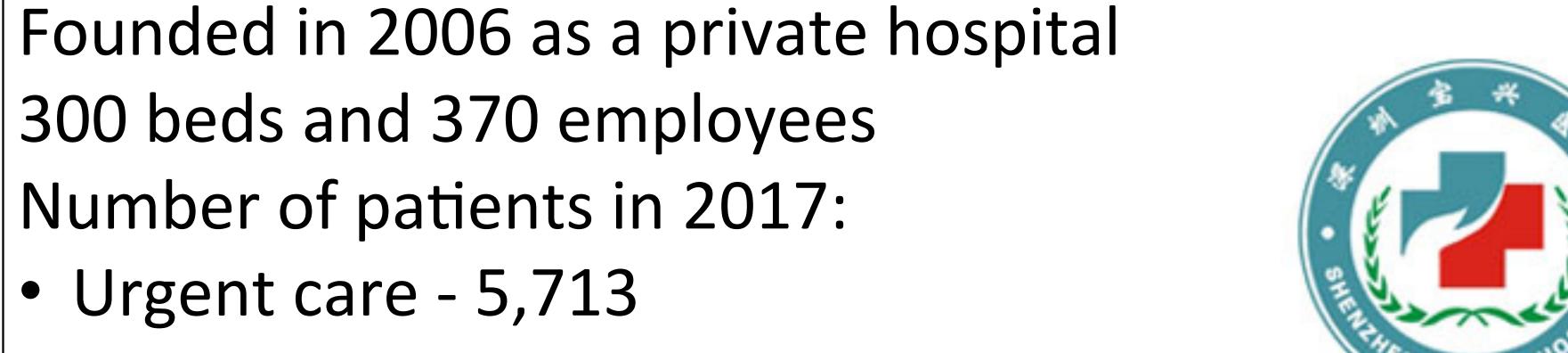
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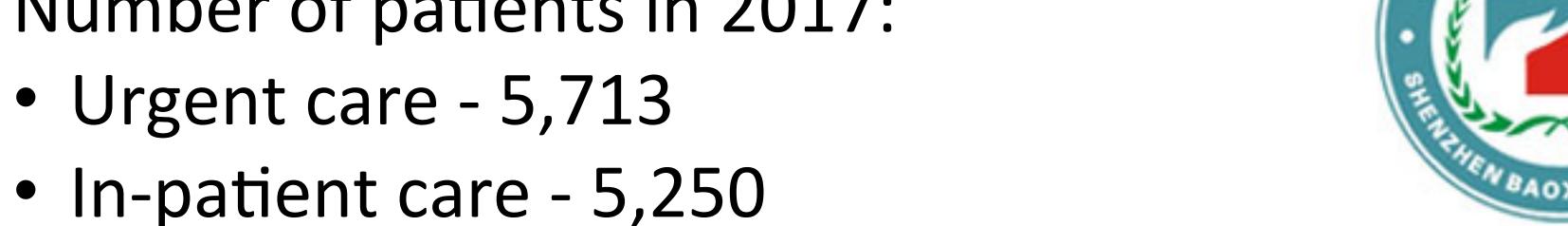
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# **Best Practice 3: Create an Evaluation Plan**

- Include three components: deliverables (before), debriefing (throughout), reporting (after)
- 2. Learn from the experience: initiation, planning, execution, evaluation, continuation
- Address any potential concerns identified before, during, and after the global experience
- Evaluation by IHP students: self-assessment on global health competencies; identification of activities that matched team and individual goals; reflection essays
- Evaluation by Chinese hospitals



Collaboration Partner: Shenzhen Baoxing Hospital



Three community health service centers

Out-patient care - 242,397

