

Sigma's 30th International Nursing Research Congress

Care Ability, Attitudes Toward Dementia and Social Support in Informal Care Givers of Elderly

Emma Yazmin Ojeda-Huitron, BSN

Ana Laura Carrillo-Cervantes Sr., PhD, MSN, RN

María de los Angeles Villarreal-Reyna, PhD, RN

Daniel Sifuentes-Leura, MSN, RN

School of Nursing, Universidad Autonoma de Coahuila, Saltillo, Mexico

Purpose: To be aware of the relationship between the caring abilities, attitudes towards dementia and the perception of the Social Support of the Informal Care Givers to the elderly suffering of dementia.

The aging process comes most of the time along accompanied by chronic illnesses such as dementias, they can cause a progressive loss of the self autonomy of the elderly, to the point of making them dependent of others. This dependency of the elderly means that dementia alters the family dynamics, particularly of those whom in charge of providing the cares usually known as informal care givers; these persons have to face the responsibilities, and in many cases, without having the required ability to do so, due to the lack of knowledge thus, the attitudes towards dementia may have direct consequences on the elderly, resulting in requiring formal social support care, since in most of the cases the care givers provide these services without any support of an institutional network which may offer permanent and close watch of other people.

Methods: The suggested design to be used in this research will be descriptive correlated. The sampling will be performed by Informal Care givers of Elderly with dementia, with residence in Saltillo, Coahuila. The sampling will be made with the statistical software nQuery Advisor 7.0. social demographic and health data will be collected and the evaluations will be performed with three instruments: The scale to measure the caring ability of the family care givers of the persons with a chronic illness; Scale of Attitudes towards Dementia (SAD) and the Scale of Social Support to Family Care Givers to the Mexican Elderly (SSS/FCGME). The data analysis will be made with the SPSS V23 software.

Results: To analyze the information, will be used frequencies, central tendency measures and correlated analysis.

Conclusion: Result will be searched by looking for the differences and accordances with the literature used as well as discussing the implications of the results to improve the clinical practice.

Title:

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Keywords:

Attitudes towards Dementia, Care Ability and Social Support

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Abstract Summary:

Caring for the elderly with dementia means the family dynamics will be altered, specially of the informal care givers; They must face responsibilities without having the ability to care and therefore attitudes tend to be negative, in this situation is essential social support.

Content Outline:

Introduction

Justification

Aim

Theoretical framework

Literature review

Methods

Design, population, sample and sampling

Inclusion and exclusion criterion

Recruitment process

Ethics considerations

Measurement and assessments

Collecting and analyzing data

Outcomes

Discussion and conclusions

References

First Primary Presenting Author

Primary Presenting Author

Emma Yazmin Ojeda-Huitron, BSN
Universidad Autonoma de Coahuila
School of Nursing
Master's Student
Saltillo
Mexico

Author Summary: Emma Ojeda, entered the school of Nursing at the "Universidad Autónoma de Coahuila" in 2013; to obtain a bachelor's degree, she developed the "Overload, Social Support and Self-care in Informal Caregivers research". She is currently studying a Master's Degree in Nursing with Accentuation in the Elderly, in which she is developing the "Care Ability, Attitudes towards Dementia and Social Support in Informal Care Givers of the elderly with Dementia research".

Second Author

Ana Laura Carrillo-Cervantes, PhD, MSN, RN Sr.
Universidad Autonoma de Coahuila
School of Nursing
Associate Professor
Saltillo
Mexico

Author Summary: Professor, Researcher at the Autonomous University of Coahuila, Responsible for the postgraduate and research department, with research experience aimed at maintaining the functionality of the older adult.

Third Author

María de los Angeles Villarreal-Reyna, PhD, RN
Universidad Autonoma de Coahuila

School of Nursing
Research Professor
Saltillo
Mexico

Author Summary: Research/Scholarship Interests: Family Caregivers, Elderly, Health Promotion, Education and Health. Project Participant; Nursing Education's Programs. Developing Professor's Quality of Nursing Education/ Master Degree Program. PNPC-CONACYT. 2010. Universidad Autónoma de Coahuila. Publications Villarreal Reyna, MA., Dimmitt Champion, J. & Salazar Gonzales, B. (2006). Daily life experiences of caregivers of patients with Alzheimer's disease. *Desarrollo Científico de Enfermería*. Villarreal Reyna, MA, & Salazar Gonzales, B. (2006). Critic theory and its contribution

Fourth Author

Daniel Sifuentes-Leura, MSN, RN

Universidad Autonoma de Coahuila
School of Nursing
Research Professor
Saltillo
Mexico

Author Summary: Surgical Nursing Teaching. Clinical experience in different areas Professor, Researcher at the Autonomous University of Coahuila, with research experience aimed at maintaining the functionality of the older adult.