Purpose: elders frequently look for self-transcendence when making sense of their own existence, keeping their usefulness towards the society, maintaining a space inside their family and the need of hope, like every person’s life course and through diseases and losses, as well as increasing their personal limits in life.

World Health Organization (WHO) “between 2015 and 2050 the n will almost duplicate”, the self-transcendence has direct effects on the well-being and it turns out to be a predictor for the perception of a bigger quality of life, the encounter with oneself and the search of sense including the ending of your existence.

Nevertheless, in Mexico the study of the self-transcendence in them the elderly persons is an emerging concept which takes relevance in this country for the increment of the quantity of elderly persons that at present shows up and that will follow on increasing numbers.

The nursing gerontogeriatric, looks for the best tools to know to them elderly persons relating to experiences that reflect abstract concepts through the scientific investigation, generating knowledge that permit them to appreciate the singularity of the person that takes care of herself and with it offering them a comprehensive care. That way the nursing research in Mexico will have to lead your efforts to generate outstanding knowledge about this subject matter.

And the purpose will be to know the contextual factors associated with the self-transcendence in people resident older adults in Saltillo Coahuila Mexico

Methods: correlational proposes a descriptive design itself. The population will be integrated for elderly persons who currently reside in the city of Saltillo Coahuila Mexico. The sample will calculate him through the inQuery advisor 7.0 software, sampling will be for convenience. Sociodemographic will gather data themselves and of health and auto transcendence scale (Reed, 1986). The data will parse by means of the program SPSS themselves version 23.

Results: he will obtain descriptive statistics, (frequencies, percentages, measures of central tendency and of dispersion) parametric inferential statistics or no parametric, according to the results of the proof of normality looking for relations between variables sociodemographic and conditions of health and the scores obtained in the scale of self-transcendence.

Conclusion: are expected to know the contextual factors associated with self-transcendence and thus have a greater knowledge about the PAM, address and investigate one of its aspects during its life stage, allows us as nurses, provide care with greater quality, which is fundamental in our discipline.
Keywords:
Self-transcendence, contextual factors and elderly

References:


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Abstract Summary:
Elderly persons frequently look for the self-transcendence to make sense of their own existence, this has direct effects on the well-being and other aspects, and they are contextual factors correlated to said self-transcendence. The nursing looks for tools to offer a integral attention

Content Outline:
Introduction
Justification
Purpose
Literature Review
Theoric Framework
Methodology
Design, population, sample and sampling
Measurements and assessments
Outcomes
Conclusion
Discussion
References

First Primary Presenting Author

**Primary Presenting Author**

Gnalen Kourouma Izaguirre, BS
Universidad Autonoma de Coahuila
School of Nursing
Master's student
Madero
Saltillo
Mexico

**Author Summary:** Gnalen Kourouma Izaguirre is a graduate of infirmary gauged in the year 2018, that I initiate the postgraduate course in infirmary in the same year. He has taken part in nursing congresses, and a fact-finding sojourn, which increased their vision generating in her the motivation to continue their preparation and to contribute somehow with the continuum development and passion that characterizes the infirmary and to your professionals.

Second Author

Reyna Torres Obregon, PhD
Universidad Autonoma de Coahuila
School of Nursing
Associate Professor and Nursing Research
Saltillo
Mexico

**Author Summary:** Tengo experiencia de 4 años en dicencia clínica en areas de Ginecología y obstetricia , medicina interna , urgencias. Actualmente cuento cin experiencia en Docencia de ditintas materias de Enfermería como, enfermiría comunitaria, Fundamentos de Enfermería Ademas soy docebte en posgrado de Mestria en Enfermeri cin acentuacion en la atención del adulto mayor Investigacion en sexualidad responsable Enfermería en área de Ginecologia

Third Author

Diana Berenice Cortes-Montelongo, MSN, RN
Universidad Autonoma de Coahuila
School of Nursing
Associate Professor
Madero
Saltillo
Mexico
**Author Summary**: She is a doctor in sciences of nursing, active member of the chapter Ray Alpha, is a part of the committee of succession of leadership 2018 2020, she has taken part in presentations for the region of Latin America and the Carib. She has been employed topics of administration at nursing, alterations of the corporal composition in pre aging quality of life at major adults and ill-treat.