Enhancing PGY Nurses’ Comfort Care Skill through Multi-Teaching Strategy

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Purpose

Through situational investigation of PGY (post-graduate year) members, factor analysis, and according to the hospital’s nursing care quality monitor standard, comfort nursing care is a high-frequency, high-risk, and high-cost professional care. The specialty has set the threshold of the completion of comfort nursing care to be 91%, thus the goal of this project’s comfort nursing care completion threshold is set to be promoted to 91% from 72.2%.

Method


Result

Using Nursing Comfort Care Evaluation (Chinese Version) rated by Quality Investigator to evaluate PGY members’ understanding of comfort care, the complete result of the project’s execution has leveled up accuracy of nursing staff’s comfort care understanding to 92.6% from 72.2%, and completion of comfort nursing care to 95.8% from 62.5%. The project has promoted comfort nursing care ability effectively.

Conclusion

The project applied multi-strategies including mnemonic phrases, creative video, and high fidelity teaching, etc. It has promoted nursing staff’s caring knowledge to be able to practice continuously in real life situation, thus reduce incompleteness of nursing care. It has not only promoted quality care and study efficiency, but also nursing staff’s caring ability, together strive for patient safety, and promote quality of comfort nursing care.

Keyword: multi-teaching, comfort nursing care, PGY
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PGY, comfort care and multi-teaching

References:

Abstract Summary:
Comfort care teaching strategy for PGY (post-graduate year) nursing evaluation. Comfort care is defined as a patient care plan that is focused on symptom control, pain relief, and quality of life. Comfort care takes in the form of hospice care and palliative care.

Content Outline:
Introduction: Definition of comfort care and statement of purpose of the study
Method: Description of the project, innovation strategies of teaching comfort care to PGY nurses
Result: Evaluation
Conclusion: Comfort care is essential to palliative patients and this project has leveled up nurses’ knowledge of comfort nursing care.

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**Author Summary:** As a nurse, I started my career working at respiratory intensive care unit for five years. From 2013, I started working as a nurse at the palliative care ward and 2015 I was appointed as nurse director at the palliative ward. I have great passion for palliative care, and I am hoping to bring comfort care concept to my nurses.

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**Author Summary:** As a nurse, I am passionate about my work at the palliative ward. I care and care for my patients. During holidays, our ward would hold events and activities for our patients.

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