Transcultural Perspective on Urinary Incontinence in China and the United States

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Objective

The purpose of this transcultural study is develop a grounded theory of the process of managing UI among hospital nurses and examine UI through a cultural lens.
Significance of UI for Nursing

UI is among the most prevalent problems that nurses face across all settings. There is good evidence for numerous interventions to both treat and manage UI. Often times, many of the these interventions occur through nursing.

Prevalence
200 million people suffering with UI worldwide (Wood and Anger, 2014)

Complexity
- Many forms of UI
- Taboo topic
- Many treatments

Good Evidence
Several studies demonstrate efficacy of pharmacologic and non-pharmacologic interventions (Balk, 2019)

Nursing Issue
Nurses are the continence champions. Most often UI managed by nurses and seen primarily as nursing problem
Methods

• Corbin and Strauss (2008, 2015) grounded theory methods
• Theoretical framework: Leininger's Culture Care Theory
• Two studied with 6 participants; 11 participants
• Semi-structured interviews
• IRB approval obtained
• Recruitment by nursing staff in respective hospitals

(Leininger 1991; Leininger and McFarland 2002)
# Diversities and Universalities

(Novice-to-expert adapted from Benner, 1984)

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<tr>
<th>Theme</th>
<th>China</th>
<th>United States</th>
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<tr>
<td>Members in management of UI</td>
<td>Nurse-patient-family</td>
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<td>Insufficient Education</td>
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Grounded Theory of Management of UI
Making Sense and Taking Action
Limitations

• Small sample
• In the Chinese study, I am not a member of the culture
• Details can be lost in translation- translating more than words translation of culture
• Different samples
Implications and Recommendations

The study has numerous implications for research, education and practice

**Research**
1. Novice-to-expert—continence experts
2. Workforce development
3. Testing components of the theoretical model—from perspective of patients

**Education**
1. Definition and theory for use in education
2. Interprofessional and multidisciplinary education and communication
3. Educate on cultural; aspects of UI

**Practice**
1. Assist nurses in the processes of making sense and taking action
2. Value of continuing education in producing continence experts
Questions?
Thank you!

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References


