

Growing an International Palliative Care Exchange Program: An Approach That Can be Replicated

Linda Quinlin, DNP, ACNS-BC, FNP-C, ACHPN
The Ohio State University & Ohio's Hospice of Dayton

Wendy Schmitz, MD
Ohio's Hospice of Dayton



THE OHIO STATE UNIVERSITY
COLLEGE OF NURSING



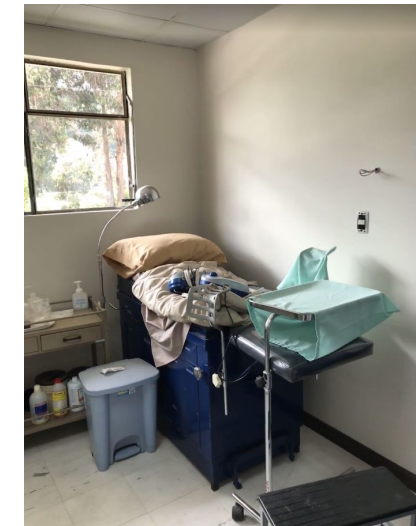
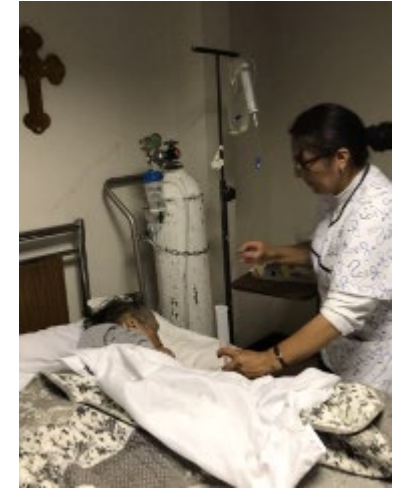
Disclosure

- Objectives
 - The learner will be able to define the necessary elements of a successful international palliative care exchange program
 - The learner will be able to identify five strategies to implement, sustain, and evaluate an international palliative care program
 - The learner will be able to discuss the fundamental outcomes of a successful exchange program
- Linda Quinlin, presenter, has no conflicts of interest
- Wendy Schmitz, co-presenter, has no conflicts of interest
- Employer:
 - Linda: The Ohio State University College of Nursing, Assistant Professor of Clinical Nursing & Ohio's Hospice of Dayton, Family Nurse Practitioner
 - Dr Schmitz: Ohio's Hospice of Dayton, Vice President of Medical Care
- Linda Quinlin & Wendy Schmitz, presenters, have received no sponsorship or commercial support for this presentation



Background

- Palliative care exchange program
 - Based on a medical mission trip from Dayton Ohio to Quito Ecuador
- Partnered with Care Partners International who's goals are:
 - Bringing education to the community
 - Building an international palliative care exchange program
 - Developing a national study to present to the government of Ecuador



Palliative Care and Hospice in Ecuador

- The government in Ecuador is pro-youth.
- “Hospice” in Ecuador refers to elderly women who have been abandoned, are destitute, and can’t care for themselves.
- Limited treatment for the dying
- Improving global health care of the terminally ill and educating caregivers is of international interest



FASEC: Hospice and Palliative Care Unit in Cuenca Ecuador

- Hospice and Palliative Care Unit
 - One room with 12 beds for women
 - One room with 8 beds for men
 - Seven single rooms
- Staff
 - Two doctors
 - Two licensed nurses
 - Five “auxiliary nurses” equivalent to an LPN
- Cost
 - \$40 for admission
 - \$40 daily for private room
 - \$20 for non-private room



Curriculum Development

- Trainings programs:
 - Provide training at the level of understanding of those attending
- Training programs
 - Two groups
 - Group 1: Doctors, Nurses, and Psychologists
 - Group 2: Auxiliary Nurses (CNAs) and other disciplines



Necessary Elements of a Successful Program

- Training program
 - Four Modules
 - Taught at different times of the year
 - 78 Hours in length
- Participants
 - Clinical staff
 - Auxiliary staff
 - Lay people
- Upon Completion
 - Certificate form University of San Francisco, most prestigious University in Ecuador



Curriculum

Module 1:

- Fundamentals and concepts

Module 2:

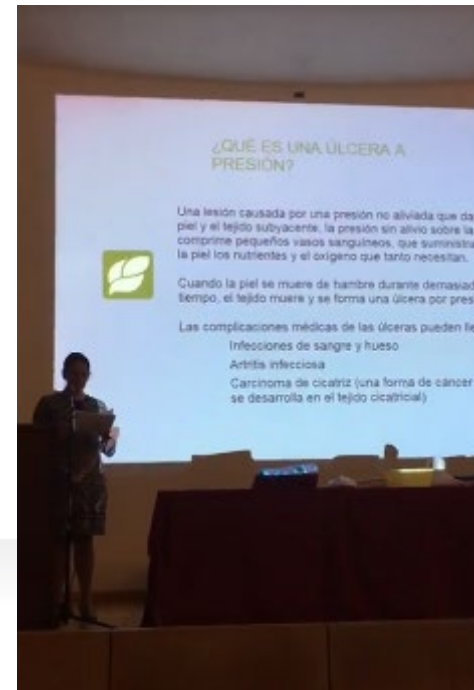
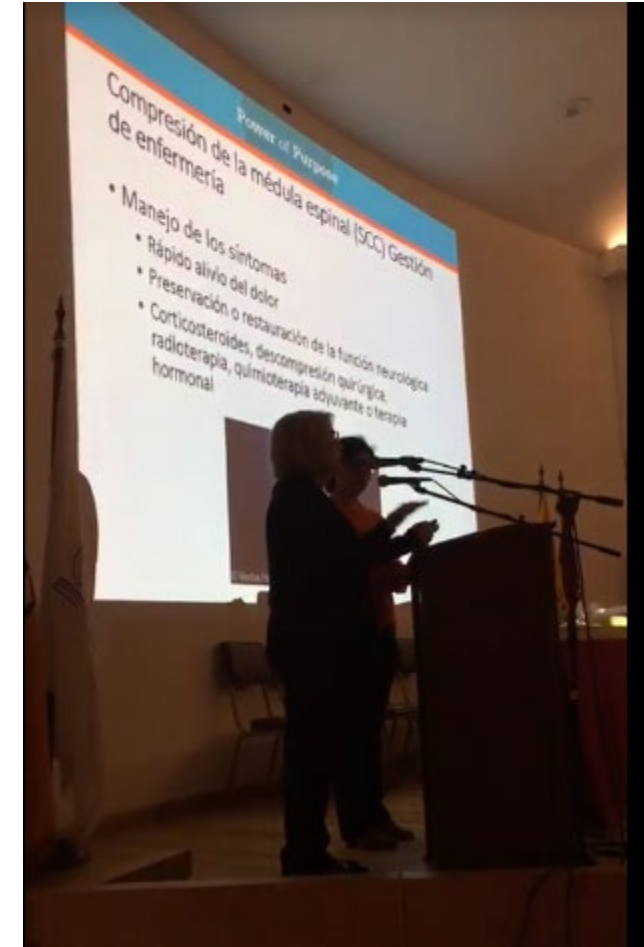
- Management of symptoms

Module 3:

- Communication
- National and foreign policy

Module 4:

- Ethics



OHI Ecuador Application Process



Compartir: Opportunity of a Lifetime

How would you feel about playing a role in introducing the hospice mission to another country and culture? Ohio's Hospice is giving staff members the opportunity to do just that.

Compartir – to share in English – is a partnership Ohio's Hospice has formed with Care Partners International. Selected staff members from Ohio's Hospice will travel to Ecuador twice a year to teach care providers about hospice and palliative care. Representatives from Ecuador will also visit Ohio twice annually to learn about the care we provide.

Next Ecuador Outreach Dates: March 23-31, 2019

Commitment:

- Passport needed.
- Show how medical care is provided at Ohio's Hospice and learn how care is provided in Ecuador.
- Lead several discussion sessions with small groups in Ecuador to describe what you do to make Ohio's Hospice great. Prepare 5 PowerPoint presentations. (assistance in preparing for these sessions is available if needed.)
- Help provide care in the inpatient unit and home visits.
- Participants will stay at the homes of host families.
- After returning, share the story of the trip with those at home. Help welcome the exchange visitors coming from Ecuador.
- Be a part of the selection committee for the next trip.

Applications available:

- on our intranet
- in the HR department
- from Physician Practice Coordinator Patty Roach
- from Dr. Wendy Schmitz
- from Maureen Swartz

Application Deadline: November 5, 2018

Please submit email response to weschmitz@hospiceofdayton.org or mawards@hospiceofdayton.org or drop off a hard copy to either Dr. Wendy Schmitz or Maureen Swartz

APPLICATION - to participate in the exchange visit to Cuenca, Ecuador

Application Deadline: November 5, 2018

Requirements:

- Staff must be in good standing to apply.
- Applicants need to have at least one year of service with Ohio's Hospice to be eligible.

We are looking for staff to represent Ohio's Hospice with excitement and dedication who have made notable contributions to Ohio's Hospice. Delegates chosen should be willing to share their personal journey.

Name: _____

Address: _____

Phone: _____

City _____

Zip _____

Work Email: _____

Employment position: _____

How long have you been an employee with Ohio's Hospice? _____ years

Please provide a list of 4 possible presentation topics you might discuss:

1. _____
2. _____
3. _____
4. _____

Passport# _____ Expiration Date: _____

On a separate sheet of paper, please describe in about 100 words each:

- What has prepared you in your life and career to be part of Compartir.
- Why you wish to participate in Compartir.

Reference:

Supervisor: _____

Supervisor email: _____

Supervisor Phone: _____

Supervisor signature: _____

Resume: Please attach your resume; including a description of your role(s) at Ohio's Hospice.

For further information contact:

Wendy Schmitz, MD, VP Medical Care, Ohio's Hospice
Email: weschmitz@hospiceofdayton.org
937-256-4490

Maureen Swartz, Manager of Volunteer Services, Ohio's Hospice of Dayton
Email: mawards@hospiceofdayton.org
937-256-9507 ext. 1161

Cleane Cass, DO, Director of Community Care and Education
Email: ccass@hospiceofdayton.org
937-903-0599



THE OHIO STATE UNIVERSITY

COLLEGE OF NURSING

Utilizing Interdisciplinary Approach

- Attendance continues to grow
- Deliver content along side Ecuadorian professionals
- Interdisciplinary approach
 - Social Work
 - Nurses Aide
 - Massage Therapist
 - Chaplain
 - Nurse/Nurse Practitioner
 - Doctor



5 Strategies to Implement, Sustain, and Evaluate an Exchange Program

- 5 “R’s”
 - Realistic goals
 - Repetition
 - Reinforcement
 - Reassessment
 - Remaining open to change



Fundamental Outcomes of a Successful Exchange Program





Thank you!



THE OHIO STATE UNIVERSITY
COLLEGE OF NURSING