CLOSING THE GAP BETWEEN ACADEME AND PRACTICE: THE YORK-CAMH COLLABORATIVE MODEL

ELSABETH JENSEN, RN, PHD, YORK UNIVERSITY

YORK UNIVERSITY UNIVERSITY RANI SRIVASTAVA, RN, PHD, CAMH

KHADIJA UDDIN, RN, BSCN





THE ISSUE

- WORLD OF HEALTH CARE IS MOVING TO EVIDENCE BASED PRACTICE (EBP) WITH THE ATTENDANT BENCHMARKS TO DEMONSTRATE OUTCOMES.
- THIS CREATES CHALLENGES BOTH IN PREPARING STUDENTS TO COMPETENTLY PRACTICE AND IN FINDING WAYS FOR CURRENTLY PRACTICING STAFF TO MEET THE CARE OUTCOMES THAT DEMONSTRATE PRACTICE BASED ON THE BEST AND NEWEST EVIDENCE.
- THE FIRST IS A CHALLENGE FOR ACADEME WHILE THE SECOND IS A CHALLENGE FOR THE SERVICE SECTOR.
- RESEARCH AND KNOWLEDGE MOBILIZATION ARE THE KEYS TO ADDRESSING THE CHALLENGES IN BOTH SECTORS. THESE CHALLENGES CANNOT BE ADDRESSED BY EITHER THE ACADEMIC SECTOR OR THE PRACTICE/SERVICE SECTOR IN ISOLATION.





WHO ARE WE

CENTRE FOR ADDICTION AND MENTAL HEALTH (CAMH)

- THE CENTRE FOR ADDICTION AND MENTAL HEALTH (CAMH) IS CANADA'S LARGEST MENTAL HEALTH TEACHING HOSPITAL AND ONE OF THE WORLD'S LEADING RESEARCH CENTRES IN ITS FIELD. CAMH IS FULLY AFFILIATED WITH THE UNIVERSITY OF TORONTO AND IS A PAN AMERICAN HEALTH ORGANIZATION/WORLD HEALTH ORGANIZATION COLLABORATING CENTRE.
- WITH A DEDICATED STAFF OF MORE THAN 3,000 PHYSICIANS, CLINICIANS, RESEARCHERS, EDUCATORS AND SUPPORT STAFF, CAMH OFFERS OUTSTANDING CLINICAL CARE TO MORE THAN 34,000 PATIENTS EACH YEAR. THE ORGANIZATION CONDUCTS GROUNDBREAKING RESEARCH, PROVIDES EXPERT TRAINING TO HEALTH CARE PROFESSIONALS AND SCIENTISTS, DEVELOPS INNOVATIVE HEALTH PROMOTION AND PREVENTION STRATEGIES, AND ADVOCATES ON PUBLIC POLICY ISSUES AT ALL LEVELS OF GOVERNMENT. AND THROUGH OUR FOUNDATION, WE'RE WORKING TO RAISE TENS OF MILLIONS OF ADDITIONAL DOLLARS TO FUND NEW PROGRAMS AND RESEARCH AND AUGMENT SERVICES.

WHO ARE WE

• YORK UNIVERSITY

- TODAY, WE ARE CANADA'S THIRD LARGEST INTERDISCIPLINARY RESEARCH AND TEACHING INSTITUTION.
- WE HAVE 25 INTERDISCIPLINARY AND COLLABORATIVE RESEARCH CENTRES, WITH STRENGTHS IN VISION AND SPACE SCIENCES, HISTORY AND REFUGEE STUDIES, HEALTH, THE ENVIRONMENT, CLIMATE CHANGE, SUSTAINABILITY AND DIGITAL MEDIA. WE HAVE TEN FACULTIES OFFERING MORE THAN 5,000 COURSES, AND MORE THAN THREE-MILLION PEOPLE VISIT OUR LIBRARIES ANNUALLY. OUR INTELLECTUAL, CULTURAL AND SOCIAL LIFE AT YORK IS ONE OF THE RICHEST IN CANADA, WITH MORE THAN 300 STUDENT CLUBS AND ORGANIZATIONS.
- OUR FAMILY OF MORE THAN 300,000 ALUMNI SPANS THE GLOBE, REDEFINING LEADERSHIP IN BUSINESS, FINE ARTS, PUBLIC POLICY, LAW, SCIENCE, EDUCATION, HISTORY, CRIMINOLOGY, ENVIRONMENTAL SCIENCES, PSYCHOLOGY - AND THE LIST GOES ON.
- YORK HAS ESTABLISHED ITS REPUTATION WORLDWIDE WITH 200+ PARTNERSHIPS WITH INTERNATIONAL UNIVERSITIES, ATTRACTING INTERNATIONAL STUDENTS WITH ROOTS TRACING BACK TO 178 COUNTRIES.
- OUR DISTINCTIVE AND COLLABORATIVE APPROACH PREPARES STUDENTS FOR THE FUTURE AND BRINGS FRESH INSIGHTS AND
 SOLUTIONS TO REAL WORLD CHALLENGES.
- TENTANDA VIA: THE WAY MUST BE TRIED.
- FACULTY OF HEALTH
 - SCHOOL OF NURSING, DEPARTMENT OF PSYCHOLOGY, DEPARTMENT OF KINESIOLOGY AND HEALTH, DEPARTMENT OF HEALTH POLICY AND MANAGEMENT (INCLUDES DISABILITY STUDIES)



YORK-CAMH COLLABORATIVE

• AGREEMENT EFFECTIVE JULY 1, 2016 TO JUNE 30, 2021

• 3 YEAR APPOINTMENT OF DIRECTOR JULY 1, 2017-JUNE 30, 2020

GOAL

- THE COLLABORATIVE WILL ACCELERATE THE KNOWLEDGE AND PRACTICE FOR PROMOTING MENTAL HEALTH LOCALLY, NATIONALLY AND GLOBALLY. THE COLLABORATIVE WILL REDEFINE THE POSSIBLE IN HEALTH RESEARCH, EDUCATION AND PRACTICE THROUGH AN INTEGRATIVE APPROACH THAT WILL:
 - SUPPORT DELIVERY OF YORK UNIVERSITY FACULTY OF HEALTH EDUCATION PROGRAMS IN PARTNERSHIP WITH THE CENTRE FOR ADDITION AND MENTAL HEALTH; SUCH AS
 - STUDENT PLACEMENTS/INTERNSHIPS AND RESEARCH VOLUNTEERSHIP /ASSISTANTSHIPS,
 - CONTINUING PROFESSIONAL DEVELOPMENT INITIATIVES AS NEGOTIATED;
 - ENABLE THE YORK UNIVERSITY AND THE CENTRE FOR ADDICTION AND MENTAL HEALTH (CAMH) TO CONDUCT LEADING RESEARCH, EDUCATION, AND PRACTICE/SYSTEM IMPROVEMENT;
 - HAVE A POSITIVE IMPACT ON MENTAL HEALTH PROMOTION, HEALTHCARE, SAFETY AND PATIENT
 OUTCOMES THROUGH THE ABOVE INITIATIVES AND INTERPROFESSIONAL RESEARCH AND
 COLLABORATIONS.

PROGRAMS

1. Research. A Research Chair (the Director/Chair) will be housed at CAMH with the primary focus of developing a program of research in addictions and mental health and building the research capacity of CAMH staff and York students and faculty. Key themes that will be addressed include:

- Leadership in care delivery and education innovations;
- Patient safety and other outcomes; and
- System improvement (outcomes, utilization, quality, integration)

2. Education and Professional Development. Under the leadership of the Director/Chair, the Collaborative will offer innovative education opportunities for students in the Faculty of Health and for clinical staff at CAMH. Key areas of focus will include:

- Care in addiction and mental health (include physical/medical care);
- Collaboration across both sites to deliver clinical and research education programs supported by the latest innovations such as simulation and web based; teaching/learning strategies, and other innovations as may be developed;
- Clinical placements/internships in undergraduate and graduate programs; and Interprofessional collaboration.

3. **Practice Leadership/Development.** In collaboration with Chief of Nursing and Professional Practice or designate at CAMH, the Director/Chair will develop a plan for development of practice leaders through:

- Clinical supervision for advanced practice clinicians
- Fellowship opportunities
- Innovative roles across academic- practice settings such as Clinician-Scholar and Health Discipline Clinician Scientist

COLLABORATIONS: STATE OF THE ART

Purpose	Bitton et al., 2014	Chambers et al., 2015	Cheshire, Ford, & Daidone, 2017	Chien, Novosad, & Mobbs, 2016	Coxe et al., 2016	Drabble, Lemon, D'Andrade, Donoviel, & Le, 2013	Granger et al., 2012	Jeffries et al., 2013	McKillop et al., 2016	Rock et al., 2014	Sherman et al., 2013	York-CAMH Collaborative
Promoting recruitment and retention of staff in agencies				X Psychiatrists	x							X Bilateral
Improving educational qualifications of staff			X		Х							X Includes continuing education for staff
Developing the leadership capacity	X Nurses										X Nurses	X Interdisciplinary
Improving new nursing graduate transition into the workplace								X	х			х
Bridging the research-practice gap		Х				X Social Work	Х			Х		Х
Clinical placements for students												Х
Bringing practice expertise into the classroom												X



- "WHAT IF . . . ?"
- DEVELOPMENT OF AN INDUCTIVE AGREEMENT OPENED UP MANY POSSIBILITIES
- VALUE CLINICAL/PRACTICE EXPERTISE AND ITS PLACE IN EDUCATION
- EDUCATION FOR CAMH STAFF BRING UNIVERSITY OFFERINGS TO CAMH

PROGRESS TO DATE

- SPACE WITH 4 SPACES FOR YORK FACULTY AND RESEARCH ASSISTANTS TO USE AT CAMH
- THREE PROJECTS
 - "UNDERSTANDING COMPASSION IN MENTAL HEALTH CARE FROM THE PERSPECTIVES OF CULTURALLY DIVERSE PATIENTS AND FAMILIES"
 - "BEST OF CAMH NURSING" INITIATIVE
 - "KEY PERFORMANCE INDICATORS OF NURSING CARE" COLLABORATING WITH DR. T. MCCANCE
- TWO ADDITIONAL YORK RESEARCHERS LINKED TO PROGRAMS AT CAMH
 - DR. M. DASTJERDI FAMILY ENGAGEMENT OFFICE
 - DR. N. KHANLOU NURSING CARE FOR PERSONS WITH DEVELOPMENTAL DISABILITIES
- YORK-CAMH COLLABORATIVE HOSTED A POSTER DISPLAY FOR NURSING WEEK (2018, 2019)AT CAMH SHOWCASING WORK OF UNDERGRADUATE STUDENTS, GRADUATE STUDENTS, AND FACULTY
- DISSEMINATION ACTIVITIES RELATED TO THE COLLABORATIVE AND ITS GOALS
- DATA BASE RELATED TO EXISTING RESEARCH AND EDUCATION ACTIVITIES ALREADY UNDERWAY BETWEEN YORK RESEARCHERS AND
 CAMH BEING DEVELOPED
- ADJUNCT APPOINTMENTS FOR CAMH STAFF
- CAMH STAFF ON THESIS COMMITTEES
- A CAMH STAFF MEMBER HAS DEVELOPED A COURSE FOR THE GLOBAL HEALTH PROGRAM



QUESTIONS?



