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# Global at home: A Primary Care Clinical Option in a BSN Ambulatory Nursing Course

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# Context: Ambulatory Care Nursing Course Description

Students will synthesize, expand and refine clinical reasoning to provide transitional, procedural care, and case management in the ambulatory setting. Students will analyze and interpret complex information with culturally diverse patients and families using available technology and informatics.



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# Context

- Last semester of BSN program
- Most students have a previous degree
- Students choose clinical placement
- Some have volunteered at another Clarkston clinic day





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# Clinical Placement for the Course

- 50 hours of clinical (including 3 simulation scenarios)
- Many different sites, generally 1-2 students per site.
- Clarkston Clinic is the exception: 6 students



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# Clinical Objectives at Clarkston

- Clinical skills and critical thinking
- Culturally sensitive care
- Challenges in an ambulatory care setting
- Refugee and immigrant patient populations
  - Population health skills
  - Public health skills
  - Professional skills



Clarkston, GA



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(Honarvar, 2018)



(Honarvar, 2018)



(Griscom, 2017)

## Clarkston, GA

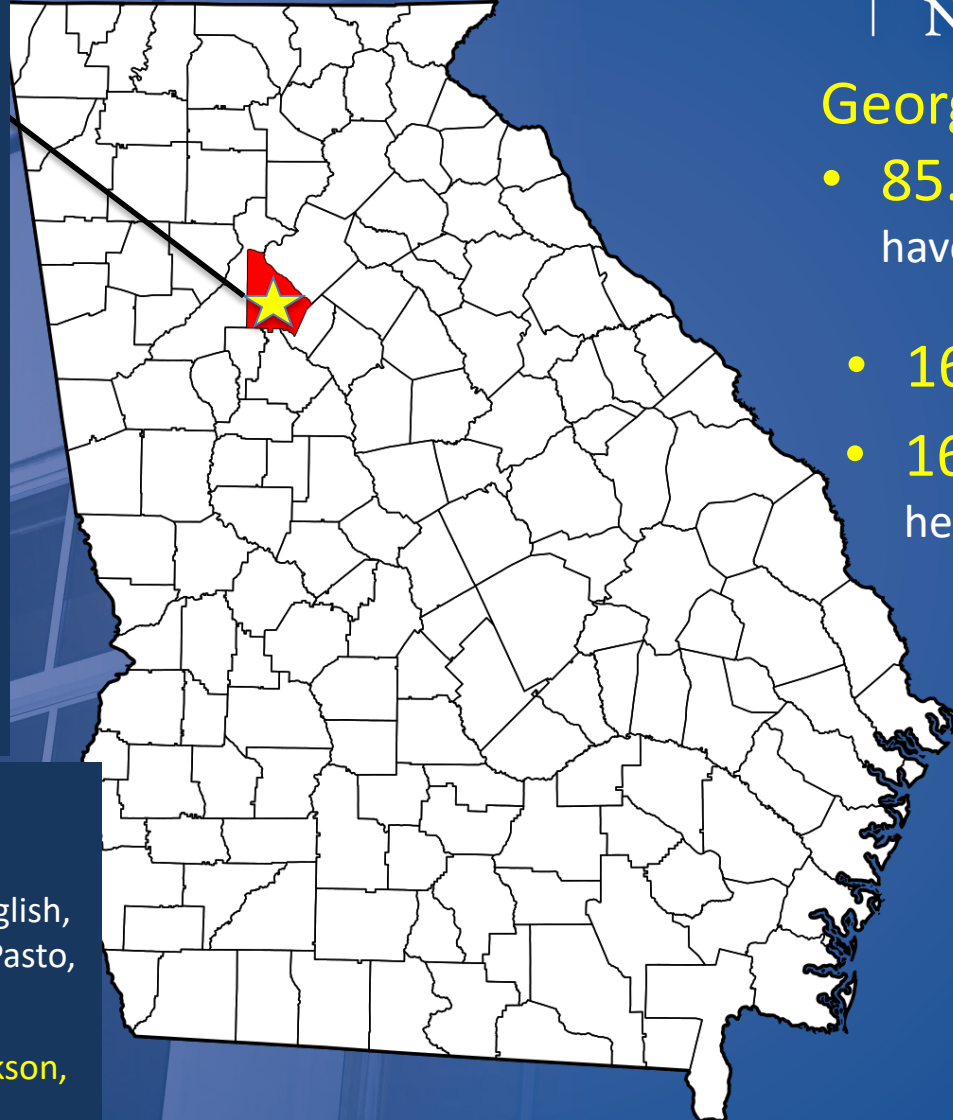


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### Clarkston

- 67.3% >25 y/o have HS diploma
- 39.5% < US FPL
- 33.6% <64 y/o w/o healthcare
- ~\$33K yr/3.20 ppl in house



### Georgia

- 85.8% >25 y/o have HS diploma
- 16% <US FPL
- 16% <64 y/o w/o healthcare
- ~\$51K/yr 2.72 ppl in house
- <13% speak another language at home

### At CCHC

#### 39 Languages Spoken

- Amharic, Arabic, Burmese, English, Farsi, Gujarati, Hindi, Nepali, Pasto, Urdu

(U.S. Census Bureau, 2017; Gullickson, 2017)

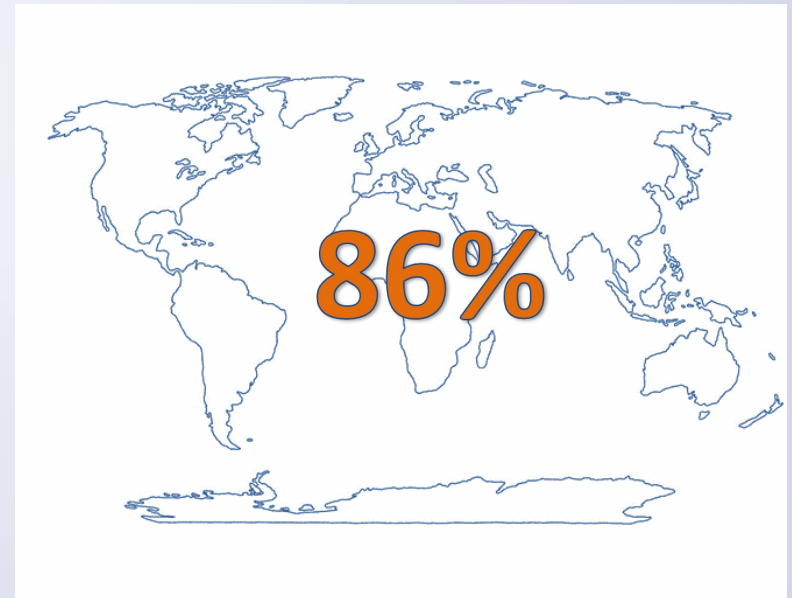
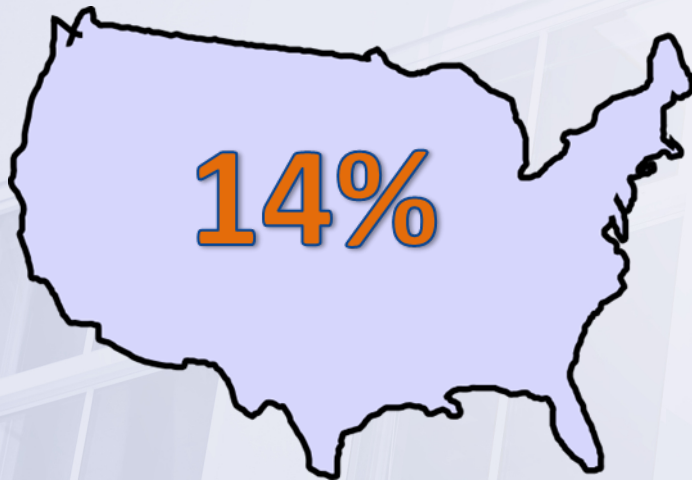




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## Countries of Origin







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## Countries of Origin by Sex

Female



70%

Male



30%

# The Clinic

**100% all volunteer**

**3 days a week primary  
and preventive care**

**Monthly specialty clinics**



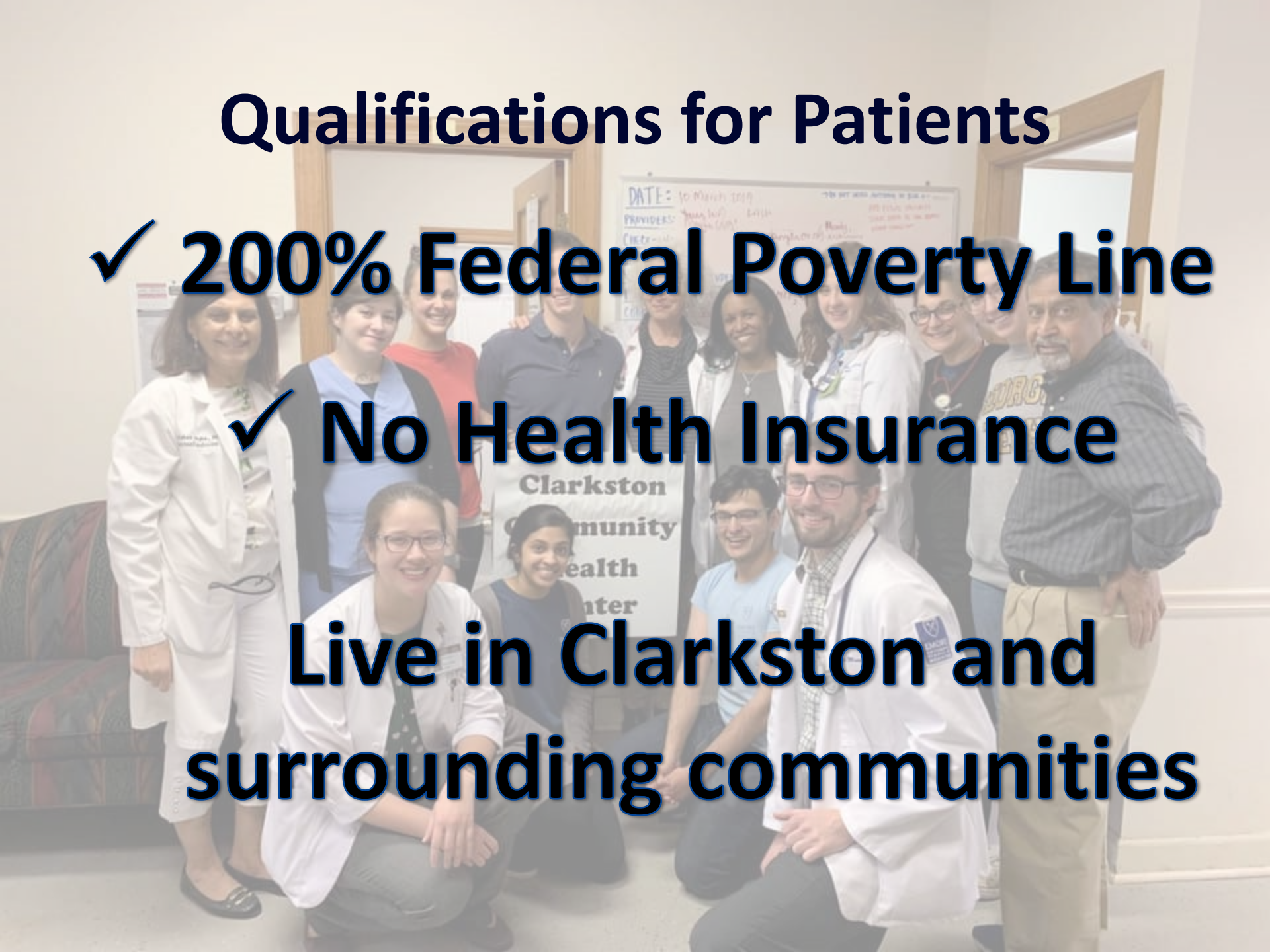


# Qualifications for Patients

✓ **200% Federal Poverty Line**

✓ **No Health Insurance**

**Live in Clarkston and  
surrounding communities**







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# Clinic: 100% Volunteers: Multiple Providers Rotate

4-8 students: 5-6 week rotations (Fall/Spring) 3 week (Summer):  
26-30 weeks on; 18-22 weeks off

1 Intake (Vitals/Triage) RN: weekly

1 Phlebotomy RN: weekly

1 Vitals RN: PRN (monthly)

1 Clinic Coordinator:  
NP/DNP student

2-4 check-in/check-out staff





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# Overarching Theme

Scope of practice for the BSN in  
primary/ambulatory care

- Clinical exemplar of RN at a high licensure level
- Best use of education, more efficient care, higher quality of patient outcomes





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# Clinical Objectives: Applying Skills & Critical Thinking

- Clinical Skills
- Critical Thinking







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# Clinical Objectives: Learning of Challenges in This Setting

- Resources
- Time
- Scope of Practice
- Barriers to Care





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# Clinical Objectives: Delivering Culturally Sensitive Care

- Intake
- Assessment
- Patient Education







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# Clinical Objectives: Care of Refugee and Immigrant Populations

- Population health skills
- Public health skills
- Professional skills



(Atlanta Magazine, 2017)





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# Preparation for Clinical

- Prior to clinic
  - Video introduction
  - Standard operating procedures
  - Introduction to Clarkston





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# Progression of Experience

- Weeks 1-3  
Focus: learning skills, applying knowledge to a new setting







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# Progression of Experience


- Weeks 4-6  
Putting it all  
together. Learning  
about full RN  
scope of practice.



(CCHC Facebook, 2019)



# Reflections

A dimly lit waiting room with several blue upholstered chairs with wooden frames. In the background, a sign on the wall reads "Starting November 4th Dental By Appointment Only". A person's head is visible in the background near a doorway. The room appears to be a clinical or healthcare setting.

“This was a perspective-changing clinical experience for me personally, as I feel it really drove home the importance of care coordination in what we do as healthcare professionals”

# Reflections

“I learned **to lean into the uncertainty**, however and to do the best I knew how in the moment. I think that is another quality of this clinical rotation that is a huge learning opportunity for students. As a not-for-profit, volunteer-run clinic, sometimes you have to go with the flow, improvise, and **use your nursing knowledge to provide the best patient care you can in whatever situation you find yourself in**”



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## Next Steps?

Community outreach/home visits

Increased student leadership







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## Appreciation To:

Those who helped make Clarkston Community Health Center a reality:

- Dr. Gulshan Harjee, Co-founder and Chief Medical Officer
- Saeed Raees, Co-founder and President



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QUESTIONS?