



Preparing Nurses for Global Mobility

Dr. Susan Sanders, DNP, RN, NEA-BC, Vice President, Kaplan Nursing
Dawn Catlin, EdD (c), MSN, RN, Kaplan Faculty Consultant

Objectives

- ▶ Discuss motivation for migration of nurses
- ▶ Identify barriers to migration
- ▶ Describe a program of study for nurses preparing to migrate to the United States
- ▶ Evaluate outcomes of the program of study

Barriers to Migration

- ▶ Language
- ▶ Standards of Practice
- ▶ Credentials Review (obtaining academic records)
- ▶ Finances



Program of Study

- ▶ 13 week program
 - ▶ 12 weeks live online interactive content lectures
 - ▶ 5 days Live NCLEX Prep course taught on campus
- ▶ Summative and formative assessments
 - ▶ Integrated testing (pre and post content lecture)
 - ▶ Focused Review practice tests
 - ▶ Mid-Fidelity simulation for Clinical Judgment
 - ▶ Kaplan NCLEX Prep Phase 1

Program of Study, cont.

- ▶ Content lectures

- ▶ Psychosocial, Maternity, and Pediatrics

- ▶ Includes the nursing process, pharmacology, and delegation

- ▶ Focus on

- ▶ nursing care concepts
 - ▶ critical thinking
 - ▶ application to US nursing practice
 - ▶ clinical decision making

Example: Mental Health

Introduction to Mental Health Concepts

Legal responsibilities

- RN is MANDATORY reporter for child and elder abuse
- Must report immediately to appropriate agency
- Domestic abuse is not a mandatory report, but victims should be provided with resources for reporting and safety
- Focus should be on physical safety first
- Ensure that documentation is complete and objective

Focus on Nursing
in the United
States

Example: Maternity

Interactive lectures
with Case Studies
encourage student
participation

Labor & Delivery

Case Study

Diane is a 28 year old primigravida. At 39 weeks of pregnancy, Diane calls the clinic nurse to say that she is having some twinges in her lower abdomen and wonders if she is in labor.

What would you want to assess? How might you figure out if this is true labor or false labor (Braxton Hicks)?

Example: Pediatric

Growth & Development

A parent brings their 18-month-old into the clinic for a routine check-up. The parent asks about what to expect in terms of growth over the next year.

What physical growth expectations would you tell the parent about?

NCLEX Practice Questions

Growth & Development

Ready for some Challenge Questions?



Practice with Application and Analysis level questions at the end of each lecture.

Outcomes

- ▶ 41 Students enrolled
- ▶ 41 completing the sessions
- ▶ Success rate with testing on NCLEX

Conclusions

- ▶ Global mobility by nurses is desired
- ▶ Regulation requirements by U.S. are robust
- ▶ Additional education may be needed to meet those requirements





Susan.Sanders@Kaplan.com

Dawn.Catlin@Kaplan.com