My name is Mauricia Stanton, and I am an Advanced Practitioner Registered Nurse (APRN) that specialize as a Nurse Practitioner in Adult Health and Board Certified in Women’s Health. My educational background includes the following: BSN, Masters in Business Management, Masters as an APRN-Nurse Practitioner/Clinical Nurse Specialist, Post Masters as a Nurse Educator, Ph.D. in Natural Health and a recent graduate with a Doctorate in Nursing Practice. I have worked in all aspect of nursing to include but not limited to; Cardiac, Medical/Surgical, Hospice, Home Health, Insurance, Case Management for over 35 years, however, I have worked as a Nurse Practitioner since 2001 in women’s and adult health. In October of 2012, I opened a solo practice as a Nurse Practitioner in Niceville, Florida. I am happy to say that I am still in business and going strong. I started with six patients in October 2012, and now I have over 2200 patients and have been in a solo practice now heading into my seventh year. In December 2018 I completed my DNP Project regarding; The use of Bio-Identical Hormone Therapy: A Look at Standard of Practice, Attitudes & Knowledge. My professional goals will assist to improve health outcomes, shape health care delivery, and help in the removal of barriers to obtaining traditional or complementary medicine in the healthcare arena to reflect the natural management of menopausal and andropause symptoms among my patient population. If questions regarding this Manuscript and Project, please feel free to contact me at: mauriciasta@gmail.com