This illustration, central to the book *The Influence of Psychological Trauma in Nursing*, depicts the types of trauma, the way trauma has both a neurobiological component and a human interpretive aspect, and the nurse’s interface within this conceptual model. The two circles at the bottom of the figure depict a conceptual distinction between individual and nurse-societal related traumas. It is important to see how these circles overlap, indicating that a person may experience traumas on both sides of our circle. The circle also represents the fluidity and nonlinearity of trauma.