



Purpose

Examine the existing literature on social media safety, risks, predictors and mitigating strategies for adolescents

Background

- The American Academy of Pediatrics recommends assessing and educating social media use and safety as part of the adolescent assessment
- 76% of teens used a social media site and 71% used more than one site

Methods

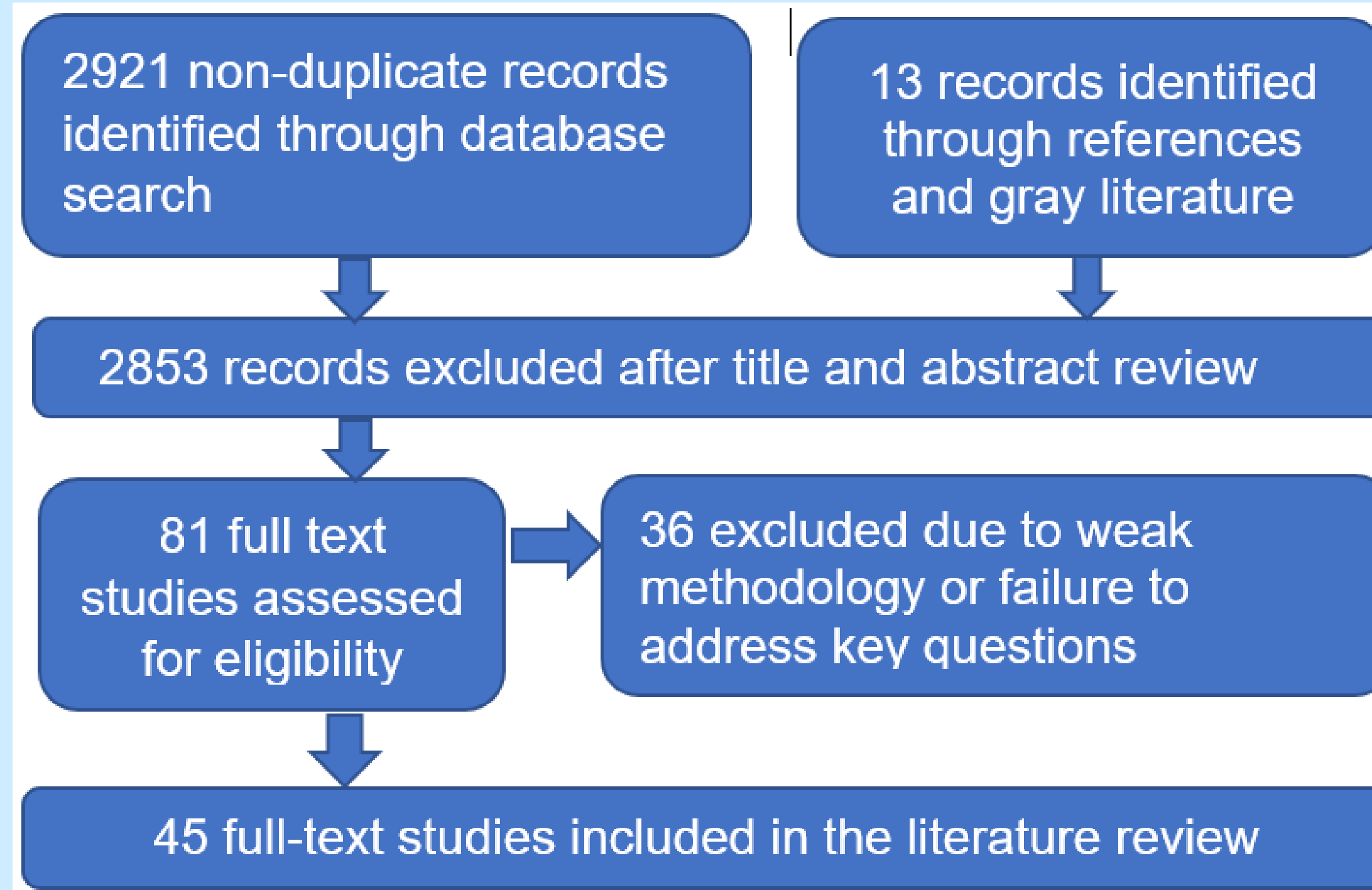
Keywords and phrases: Social media, social networking sites, cyber, online, safety, victimization, crime, education, teaching, prevention, intervention, adolescent, teen, teenager, youth, parent, adult, mediation, and prediction

Databases searched: Google Scholar and EBSCO. Completed in August 2018.

Inclusion criteria: Peer reviewed research in English, no older than five years, addressing one of the following:

- Risks to adolescents using social media
- Number victimized online
- Predictors of online victimization
- Effective mitigation strategies

Search Strategy



Results

Cyber victimization can occur if all three of these elements are present.



The two strongest predictors were lack of guardianship and being a suitable target.

Results

Most Effective Strategies

- Parental mediation by co-viewing social media accounts
- Limit personal information visible online
- Parent and adolescent jointly developing rules for internet behavior and use
- Strengthen privacy settings online
- Ask about what adolescents see online

Conclusions

- Target education towards parents
- Most research exists outside of nursing
- Knowledge gap on effective methods to educate parents about social media safety

References

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