Reinvigoration: Ideas for Chapter Leaders

Reinvigoration: How can this term help chapter leaders frame the chapter's future? What does the term really mean? One source says it means the process of regaining health. Chapters that have been in existence for years may have been healthy in the past, and the health may have waned. How do we make chapters health again?

Chapter leaders and members have many reasons to be excited about Sigma. Chapters with many charter members or that have been in existence for many years may face challenges with keeping up enthusiasm. How do we break out of "we have always done it this way" and move to "let's try and see"? Case studies about common topics that can decrease member and leader enthusiasm will be discussed. The session will work to help chapter leaders re-frame pitfalls and turn obstacles into opportunities.

Cases will focus on choosing chapter leaders, building excitement about Sigma locally, and building a community presence. The spirit of Sigma depends on fresh ideas and enthusiasm. Developing a welcoming environment for new ideas while respecting the legacy of Sigma and the legacy of the local chapter will be highlighted. The cases will encourage chapter leaders to go back to the basics. Review Sigma's mission through the eyes of a potential member. Review the by-laws to assess chapter operations. Make contacts at the International Office and develop relationships by emailing or calling the contacts so that they know your chapter. Review the strategic plan documents, and create a strategic plan, and work the plan.

The wellness of individual chapters is imperative for the future of Sigma globally. The work of Sigma is now more important than ever as nurses must be leaders, researchers and practitioners, and local chapter leaders and members can work together to reinvigorate chapters to ensure that nurses have support on the global level for their work.

Title:
Reinvigoration: Ideas for Chapter Leaders

Keywords:
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**Abstract Summary:**

Chapter leaders set the tone for the success of the chapter. Reinvigoration of a chapter can be a full-time job, but the rewards are great for the chapter and the members. This session will highlight case studies where ideas for breathing life back into a chapter are discussed.

**Content Outline:**

Introduction
Reinvigoration: How can this term help chapter leaders frame the chapter's future? What does the term really mean? One source says it means the process of regaining health. Chapters that have been in existence for years may have been healthy in the past, and the health may have waned. How do we make chapters healthy again?

II. Body
A. Main Point #1 Choosing chapter leaders
B. Main Point #2 Building excitement about Sigma locally
C. Main Point #3 Building a community presence

III. Conclusion
The wellness of individual chapters is imperative for the future of Sigma globally. The work of Sigma is now more important than ever as nurses must be leaders, researchers and practitioners, and local chapter leaders and members can work together to reinvigorate chapters to ensure that nurses have support on the global level for their work.

First Primary Presenting Author

**Primary Presenting Author**

Charlotte E. Swint, DNP, MPH, RN, FNP-BC, CNRN, CHES
Frontier Nursing University
Family Nurse Practitioner Program
Instructor
Hyden KY
USA

**Professional Experience:** October 2017-Present Instructor, Frontier Nursing University, Family Nurse Practitioner Program June 2016-June 2017 Interim Director, Undergraduate Nursing Program, Clayton
State University School of Nursing, Morrow, GA 2012-Present Assistant Professor of Nursing, Clayton State University, Morrow, GA 2015- Present Family Nurse Practitioner- PRN University Health Services, Clayton State University, Morrow, GA 2014-2015 Family Nurse Practitioner Advance Health, Atlanta, GA 2001-2012 Family Nurse Practitioner Emory Health Care, Division of Pediatric Neurology, Atlanta, GA 2000-2001 Director of Clinical Affairs Family Health Care of Alabama, Eutaw, AL 1998-2001 Family Nurse Practitioner Family Health Care of Alabama, Eutaw, AL 1997 Registered Nurse, Vanderbilt Home Care Services, Nashville, TN

**Author Summary:** Charlotte Swint is the President of the Xi Rho Chapter. She was a member of Sigma Theta Tau's 2016-2017 Nurse Faculty Leadership Academy. She is an Instructor at Frontier Nursing University in the family nurse practitioner program.

Second Secondary Presenting Author

**Corresponding Secondary Presenting Author**

Elicia Collins, MSN
Clayton State University, School of Nursing
School of Nursing
Instructor
Morrow GA
USA

**Professional Experience:** She is an instructor at Clayton State University Former Chair of Nursing at Atlanta Area Technical School She is a past president of the Xi Rho Chapter.

**Author Summary:** Professor Collins is a past president of the Xi Rho Chapter at Clayton State University. She is an instructor at Clayton State University in the School of Nursing. She is currently pursuing her PhD in nursing at Georgia State University and is a physical activity researcher.