Reinvigorating Leadership: Facing Challenges With New Energy
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Overview
- Chapters will have periods of growth and periods in which reinvigoration is needed.
- The Xi Rho chapter was reinvigorated by several key leaders including Ms. Elicia Collins and her vision for the future of the chapter and Ms. Deborah Gritzmacher, a charter member, who has sustained the chapter for years.
- The chapter used 3 strategies to reinvigorate the chapter which included: 1) choosing enthusiastic and skilled chapter leaders, 2) building excitement about Sigma locally, and 3) building a community presence.

Reinvigoration: What Does it Mean? The Process of Regaining Health
(Reinvigorate, n.d.)

Strategy 1: Choosing Enthusiastic and Skilled Chapter Leaders
- Xi Rho charter members began the chapter over 20 years ago.
- Many of the charter members have been active in the chapter for 20 years.

Strategy 2: Building Excitement About Sigma Locally
- Chapter leaders mentored new and existing Sigma members and encouraged them to accept leadership positions in the chapter.
- Chapter leaders engaged members by increasing communication through posting on the Xi Rho Circle page and page on the Sigma site, participating in Founder’s Day projects, and increasing volunteerism both locally and abroad.

Strategy 3: Building Sigma’s Presence in the Community
- Xi Rho planned events with other organizations such as the Student Nurses Association, the Georgia Nurses Association, visiting students and faculty, and the undergraduate and graduate nursing programs.
- Xi Rho members collaborated with two local Sigma chapters to host a research conference for nursing professionals for two consecutive years.

References