

Reinvigorating Leadership: Facing Challenges With New Energy

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Overview

- Chapters will have periods of growth and periods in which reinvigoration is needed.
- The Xi Rho chapter was reinvigorated by several key leaders including Ms. Elicia Collins and her vision for the future of the chapter and Ms. Deborah Gritzmacher, a charter member, who has sustained the chapter for years.
- The chapter used 3 strategies to reinvigorate the chapter which included: 1) choosing enthusiastic and skilled chapter leaders, 2) building excitement about Sigma locally, and 3) building a community presence.

Reinvigoration: What Does it Mean? The Process of Regaining Health (Reinvigorate, n.d.)

Strategy 1: Choosing Enthusiastic and Skilled Chapter Leaders

- Xi Rho charter members began the chapter over 20 years ago.
- Many of the charter members have been active in the chapter for 20 years.



Xi Rho Officers, Members, and Dean of the College of Health at Clayton State University

- Chapter leaders mentored new and existing Sigma members and encouraged them to accept leadership positions in the chapter
- Chapter leaders engaged members by increasing communication through posting on the Xi Rho Circle page and page on the Sigma site, participating in Founder's Day projects, and increasing volunteerism both locally and abroad.

Strategy 2: Building Excitement About Sigma Locally

- Xi Rho planned events with other organizations such as the Student Nurses Association, the Georgia Nurses Association, visiting students and faculty, and the undergraduate and graduate nursing programs.
- Xi Rho members collaborated with two local Sigma chapters to host a research conference for nursing professionals for two consecutive years.



Xi Rho Officers, Members, and Dean of the College of Health of Clayton State University with visiting faculty and students from Korea. The professors are members of Xi Rho.

- School supplies were provided to one local elementary school. Hats, coats, and gloves were provided to another elementary school prior to the holiday season for several years. The chapter also participated in a book drive for one of the local middle schools.

Strategy 3: Building Sigma's Presence in the Community

- Xi Rho engaged with agencies in the community at-large as well as members of the Sigma community including our charter members.
- Xi Rho members worked in the community by partnering with leadership in one of the local counties to provide glucose, blood pressure checks, and provide health care advice.



Xi Rho Charter Members Front Row Dr. Nteff, Ms. Shaw, Dr. Sanner, Ms. Nadeau, BAK Row Dr. Cody, Ms. Gritzmacher, Ms. Barnes, 1997 at 20th Anniversary of Chapter Celebration 2017

- Xi Rho celebrated our 20th anniversary by inviting all past and present members and to celebrate at the induction ceremony followed by a dinner with a band and dancing.

References

Reinvigorate [Def. 1]. (n.d.). In Cambridge Dictionary Online, Retrieved from <http://www.merriam-webster.com/dictionary/citation>.