

Leadership Connection 2018 (15-18 September)

The Gamma Tau at-Large Chapter Celebrating Nursing Excellence in Scholarship, Leadership, and Service

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The Gamma Tau-at-Large Chapter (#089) was first chartered in 1978 at the University of California, Los Angeles (UCLA) and in 2007 it became a chapter-at-large in partnership with California State University, Northridge (CSUN). In the last 40 years, the chapter has inducted more than 4000 individuals to the Sigma. It has been the recipient of Regional Excellence Awards as well as the prestigious Chapter Key Award. The membership comprises of nurses and nursing students from diverse practice, education, and leadership levels who contribute locally to the mission and goals of the honor society of nursing. This presentation highlights the activities of the chapter that advocate the three pillars - leadership, service and research - as well as promote the Presidential theme of Connect, Collaborate and Catalyze.

Scholarship

The chapter provides \$10,000 annually to support the efforts of local nurses doing research. The purpose of the research grant is to support members in research activities that contribute to the advancement of nursing. The application process is open to community members, pre- and post-doctoral students, and academicians. In addition, the chapter supports number of educational and research conferences, including a yearly research conference at UCLA with over 300 attendees that encompass the latest nursing research from well-known scholars and practitioners. Furthermore, the chapter supports two evidence-based practice and research poster days at both campuses that allows nursing students to present their posters in clinical, scientific, and leadership areas. The chapter has been part of the regional Odyssey conference planning committee for 20 years with 15-17 other chapter from Southern California in planning a 2-day conference each year in the Fall. The chapter representatives contribute to the programming and the dissemination of information on the call for abstracts and conference registration to all members. Chapter members have been volunteers, such as abstract reviewers and poster judges as well as speakers and poster presenters.

Leadership

Our chapter has been working with new inductees to understand their needs and developing different membership retention strategies such as networking. We have set up networking open hours with chapter officers to meet students in small groups and have been regularly communicating with members interested in leadership via e-mail. We also offer scheduled one-on-one sessions with students and board members to answer questions. We engage with our Nurse Leader applicants to get them involved in committee and leadership roles and opportunities. We recognize members for their accomplishments in the nursing community, and share their achievements with other members regarding their valuable contributions via email and published in our Chapter Newsletter, Gamma Taulk. Additionally, we disseminate reminder emails to members whose membership expired within the past month and encourage them to renew, highlighting the benefits of staying with Gamma-Tau-at-Large. We also recognize our newest inductees in our Chapter Newsletter. We updated our website to be more user-friendly and have expanded our social media presence to broaden our reach and have an additional avenue to update our members with chapter news and events.

Nurses have had the opportunity to network and connect with others to receive mentorship in research, leadership, and chapter specific roles and responsibilities. We have especially created a mentorship program for the Nurse Leader applicants because they come in to the chapter looking for more leadership opportunities. Once the chapter welcomes them as a member, we follow-up with the individual to see if they would like to attend one of the committee or board meetings to learn more about the chapter and make additional connections. The board retreat day is in the beginning of the fiscal year to train and define roles and responsibilities to the new officers. In addition, new officers are matched with experienced officers in a mentoring relationship so that they always have someone to assist them in their new role. This partnership also encourages the newer board members to become more involved with on international volunteer groups and committees such as the Odyssey conference planning committee and the Next Generation Leaders (NGL) Taskforce. We take special interest in pursuing the younger nurses on how to start his or her leadership journey by sharing board examples and inspirational stories. We invite interested nurses to our committee and board meetings to learn more.

Service

One of the biggest highlights in community engagement our chapter has been involved in was the Taste of Soul Family Festival. Our chapter collaborated with UCLA Health Department of Nursing and UCLA School of Nursing to participate and have a booth setup that provided patient education pamphlets and community resources. Community Engagement was done through offering free blood pressure, glucose, and cholesterol checks. We recorded a message from our president and posted on the website. Our members also engage and volunteer individually both on a local and global level.

Title:

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Keywords:

Chapter leadership, Community service and Scholarship

References:

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Abstract Summary:

The Gamma Tau-at-Large Chapter promotes the Sigma mission by celebrating nursing excellence in scholarship, leadership, and service. The chapter has applied Connect, Collaborate and Catalyze themes by hosting numerous educational programs throughout the year, supporting research activities that advocate for nursing advancement, and serving the local community through volunteering.

Content Outline:

Scholarship

- The chapter provides \$10,000 research grants annually to support members doing research to advance nursing science and scholarship
 - Adherence to hypertension self-management behaviors through mindfulness
 - Comparison of local anesthetics for intravenous catheter insertion in hospitalized pediatric patients
 - Information continuity in the pediatric intensive care unit
 - Effect of RN implicit bias on pain outcomes in the emergency department
- The chapter hosts multiple evidence-based practice and research conferences throughout the year
 - UCLA Research and Evidence-based Practice Conference
 - National Nurses Ethics Conference
 - CSUN Evidence-based Practice Conference and Poster Day
 - UCLA School of Nursing Research Day

Leadership

- Mentorship program
 - Annual board retreat
 - Board buddy: partnering experienced and new members
- Membership Engagement and Retention
 - Networking events
 - New member survey to understand the needs of our new inductees
- Enhanced web presence through social media
 - User friendly website
 - Regular discussion postings and updates

Service

- Taste of Soul community event to serve the underserved and unrepresented population
 - Patient education pamphlets and community resources
 - Free health screenings
- Collaboration with other organizations

First Primary Presenting Author

Primary Presenting Author

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Professional Experience: Huntington Hospital: 2017-Present - Perioperative RN - Involved in the Informatics Council and OR Task Force for sustainability of EHR implementation and optimization UCLA Health: 2012-2017 - Enhanced teach-back method techniques for pain management in non-verbal patients and their families in adult intensive care unit (ICU) - Served as the department liaison for ongoing support for electronic health record (EHR) sustainability and optimization, and participated in multiple projects involving Nursing Informatics - Participated in multiple process improvement projects such as cast removal workflow and scheduling new patients for Osteoporosis consults

Author Summary: Renee Krystle Doll Lazaro MSN, RN, PHN is a Perioperative Nurse at Huntington Hospital. She received a Bachelor's of Science in Nursing from Velez College in Cebu City, Philippines in 2011, and a Master's of Science in Nursing from University of San Francisco in 2015. She also completed her post-graduate studies in Healthcare Informatics from University of Phoenix in 2016.

Second Secondary Presenting Author

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Professional Experience: UCLA School of Nursing Quality Improvement/Evidence-Based Research Project: "Promoting Sleep Hygiene in Heart Failure Patients" (2016) Recognized and awarded numerous graduate financial scholarships/financial merit during nursing school (UCLA School of Nursing 2015-2016) 2016-2017: Providence Saint Johns Hospital:Post Critical Care Registered Nurse 2017-2018: Cedars Sinai Medical Center: Advanced Heart Failure Registered Nurse 2018: Cedars Sinai Medical Center: Unit Practice Council Committee Member 2018: Code Blue and Rapid Response Team Committee Member

Author Summary: Christine Lagman MSN, RN, is a Clinical Nurse in the Advanced Heart Failure Unit at Cedars Sinai Medical Center. She received a Bachelor's of Science in Health Science from California State University, Fullerton in 2014 and a Masters of Science in Nursing from UCLA School of Nursing in 2016.

Third Secondary Presenting Author

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Professional Experience: Multiple presentations on clinical topics, professional development, networking, evidence-based practice, leadership, and healthy work environments at local, regional and national conferences. Past presenter and attendee at the Biennial Convention and Nursing Research Congress.

Author Summary: Anna Dermenchyan is a PhD student at the UCLA School of Nursing and Senior Clinical Quality Specialist in the Department of Medicine at UCLA Health, Los Angeles, CA. She serves as the President for the Gamma Tau-at-Large Chapter in Los Angeles and past Chair of the regional Odyssey Conference.