The search terms "kinship foster care" and "non-kinship foster care" yielded 942 results. The 11 articles were selected above and were critiqued using critical appraisal tools published by the Joanna Briggs Institute.

### Results

#### Levels of Evidence and Types of Articles Included

- **Level 1 - Systematic Review (3)**
- **Level 4 - Cohort (13)**
- **Level 6 - Descriptive (1,2,4,5,6,7,8,9,10,11,12)**

The search terms "kinship foster care" and "non-kinship foster care" yielded 942 results. The 11 articles were selected above and were critiqued using critical appraisal tools published by the Joanna Briggs Institute.

#### References


### Evidence-Based Practice Recommendations

- The EPB model used to guide this project was the IOWA Model of EBP to Promote Quality of Care.
- Kinship foster care may be able to promote the socioemotional resilience of a child by maintaining biological attachment and stability.
- Non-kinship foster care may be able to promote economic resilience of a child by offering properly trained caregivers and historically increased resources.
- The most effective placement type for a child needs to be determined based on his individual set of needs. There is no definitive answer to which placement type has a greater effect on child resiliency. Therefore, more research is needed because of an insufficient evidence base.

### Limitations

It was difficult to assess the effects of one placement type due to the transient nature of foster home placements as the children in these studies moved frequently between kinship and non-kinship foster homes. Based on the subjectivity of this research question and the definitions of outcomes, the amount of high level evidence was limited.

### Registered Nurse Interview

**Interview conducted with an RN from the PICU at Dayton Children's Hospital:**

- There is an observed difference in the way foster children versus children raised in their biological families receive care and develop trusting relationships with healthcare professionals.
- Due to placement instability and detachment, children who do not trust their caregivers have a more difficult time physically and mentally functioning in a healthcare setting.
- Due to government funding and increased access to medical services, children in non-kinship foster care tend to receive higher quality healthcare than children living with kin.

### Search Methods

**Databases utilized:** CINAHL, Cochrane Database of Systemic Reviews, Consumer Health Complete, EBSCOHost, Medline, PsycINFO, Social Work Abstracts, SocINDEX, Vocational Studies Premier

**Keywords searched:** Foster care, Foster children, Kinship foster care, Non-kinship foster care, Resilience, Socioemotional

**Inclusion criteria:** Assessed effect of placement type on child well being. Full text, Published in the last 15 years

**Exclusion criteria:** Full text not available, Unavailable in library database, Published before 2002