Frontline Nurse Leader Professional Development

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INTRODUCTION

TOPIC

Uniquely placed within the organizational hierarchy Witges, K. A., & Scanlan, J. M. (2014)

- the frontline nurse leader (FLNL) requires an extensive theoretical perspective on leadership
- in which to implement behaviors that foster a positive work environment and
- contribute to positive patient outcomes

FLNL COMPETENCIES

Knowledge, skills and attitudes necessary for competent leadership are identified by the Nurse Manager Leadership Partnership (AONE 2008)

BACKGROUND

FLNL expected

- to lead staff
- while managing and improving the work systems and processes on their units
- while ensuring high quality and safe patient care is being delivered

Spencer, Al-Sadoon, Hemmings, Jackson, & Mulligan (2014)

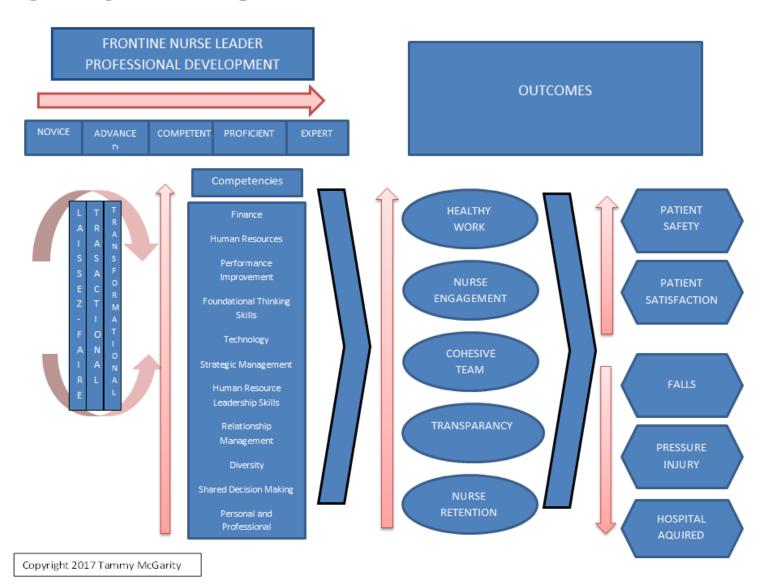
FLNL PROFESSIONAL DEVELOPMENT

- The professional development of FLNLs has been neglected.
- Many new FLNLs make the transition from staff nurse through a process of trial and error.

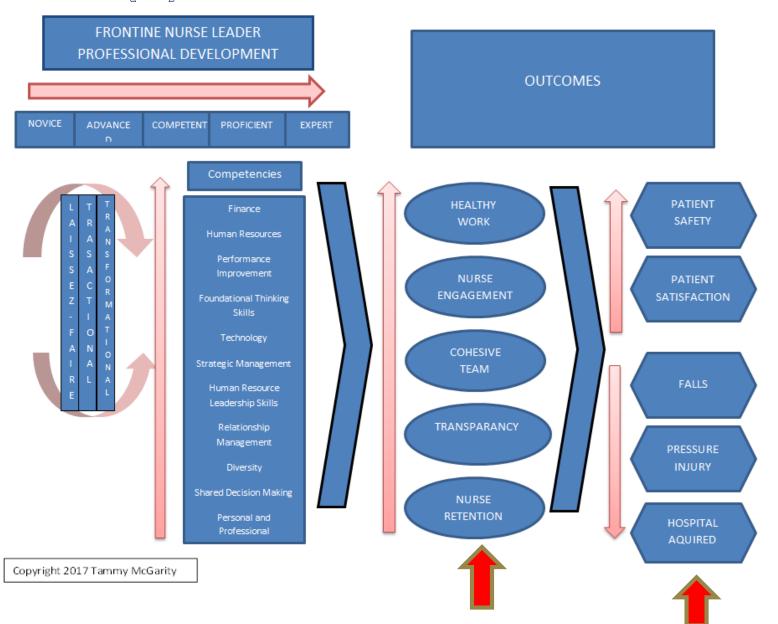
PROBLEM STATEMENT

- A lack of development has a direct impact on the competency and confidence of new FLNLs.
- In today's ever evolving healthcare environment, FLNLs are expected to be expert clinicians and leaders and this expertise cannot solely come from on the job training.

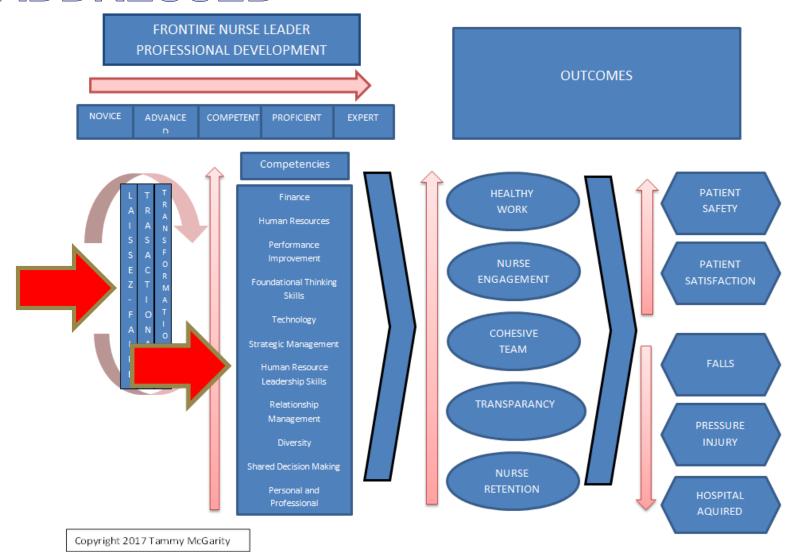
CONCEPTUAL IDEA



NEEDS(S) IN PRACTICE IDENTIFIED



IDENTIFY THE NEED THE PROJECT ADDRESSED



LITERATURE

LITERATURE OVERVIEW

Frontline Nurse Leadership has been linked to:

- PATIENT OUTCOMES
- NURSE-SENSITIVE INDICATORS
- HEALTHY TEAMS AND WORK ENVIRONMENTS
- NURSE SATISFACTION

FLNL COMPETENCIES & LEADERSHIP DEVELOPMENT CURRICULUM

FLNL COMPETENCIES

THE NURSE MANAGER

The Science: Managing the Business

Financial Management
Human Resource Managemer
Performance Improvement
Foundational Thinking Skills
Technology
Strategic Management
Clinical Practice Knowledge

The Leader Within: Creating the Leader in Yourself

Personal and Professional Accountability Career Planning Personal Journey Disciplines Optimizing the Leader Within

The Art: Leading the People

Human Resource Leadership Skills Relationship Management and Influencing Behaviors Diversity Shared Decision Making

CURRICULUM

Class 1

Class 11

Class 12

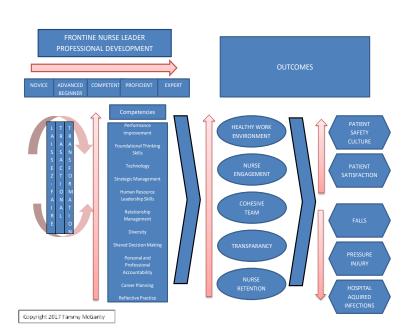
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Class 2	Leading by Example		
Class 3	Evidence Based Practice		
Class 4	Quality Project		
Class 5	Healthy Work Environment		
Class 6	Emotional Intelligence		
Class 7	Lean & Performance Improvement		
Class 8	Patient Experience		
Class 9	Nursing Finance		
Class 10	Patient Safety and Safety Culture		

Human Resource Management

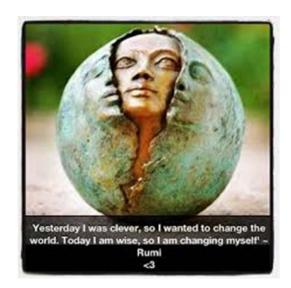
Tying It All Together

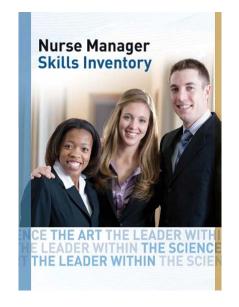
FLNL Development and Personal Reflection

CLASS 1 - FLNL DEVELOPMENT









CLASS 2 -- LEADING BY EXAMPLE

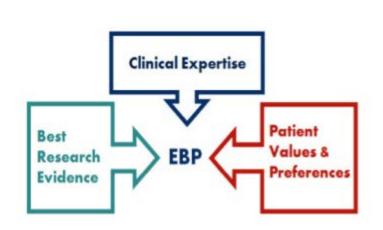
ISTJ	ISFJ Dedicated Stewards	INFJ	INTJ
Responsible		Insightful	Visionary
Executors		Motivators	Strategists
ISTP	ISFP	INFP Inspired Crusaders	INTP
Nimble	Practical		Expansive
Pragmatics	Custodians		Analysers
ESTP	ESFP	ENFP	ENTP
Dynamic	Enthulastic	Impassioned	Innovative
Mavericks	Improvisors	Catalysts	Explorers
ESTJ	ESFJ	ENFJ	ENTJ
Efficient	Committed	Engaging	Strategic
Drivers	Builders	Mobilizers	Directors





leadership emerges from within ... the best leaders are the best learners, not of facts or tasks but of themselves (Kouzes & Posner 2016)

CLASS 3 -- EVIDENCE BASED PRACTICE







CLASS 4 -- QUALITY PROJECT







CLASS 5 -- HEALTHY WORK ENVIRONMENT





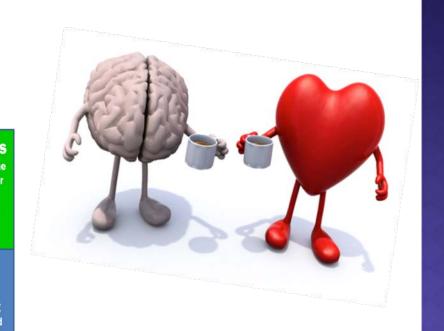




CLASS 6 -- EMOTIONAL INTELLIGENCE

Emotional Intelligence SOCIAL SELF Social Awareness Self Awareness the ability to understand the RECOGNITION the ability to recognise and emotional makeup of other understand your moods, and people, skill in treating Who I am emotions, and drives, as well people according to their as their effect on others emotional reactions (empathy) **Social Skills Self Management** the ability to control or proficiency in managing REGULATION redirect disruptive impulses relationships and building and moods, the propensity to networks, an ability to find suspend judgement - to think common ground and build What I do before acting rapport

How we manage ourselves



Self-Awareness

CLASS 7 -- LEAN AND PERFORMANCE IMPROVEMENT



Lean Thinking **Data-driven**

Daily Management

Problem Bolvers

BEHAVIOR CHANGE

TRANSPARENCY

Routine

Standardization

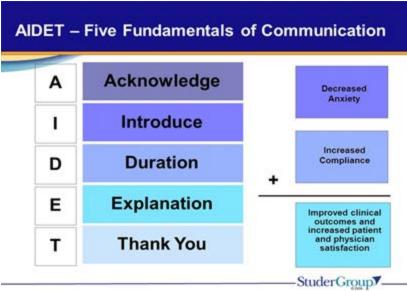
Think Problem Solving Tool

CLASS 8 -- PATIENT EXPERIENCE



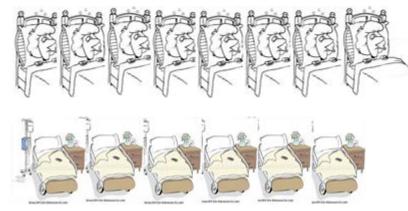


Elements of the Influencer in Chief

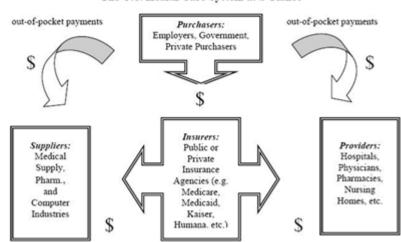


CLASS 9 - NURSING FINANCE





The U.S. Health Care System at a Glance





CLASS 10 -- PATIENT SAFETY AND JUST CULTURE

Vox



Doctors and nurses are the "second victims" of medical errors

Symptoms reported by doctors and nurses involved in patient safety investigations

Extreme 68% sadness Difficulty 65% concentrating 55% Depression Repetitive and **52%** intrusive memories Sleep disturbances 45% Avoidance of similar **32%** types of patient care

SOURCE: Journal of Quality and Safety in Health Care

Human Error

Product of our current system design

"I ran a stop sign by accident. It was hard to see because an overgrown tree branch partially covered it." At-Risk Behavior

A Choice: Risk believed insignificant or justified

"I drive 80 mph on Loop 410 when the speed limit is 65 mph. Everyone else around me is speeding, so I need to drive fast or I may make others on the road angry for not going with the flow of traffic. Besides, I speed every day and nothing happens, no tickets or accidents – until I got a ticket today."

Reckless Behavior

Conscious disregard of unjustifiable risk

"I went out to happy hour with some friends from work. I had a few glasses of wine and decided to drive home anyways. I got in a wreck – thank goodness no one was hurt."

CONSOLE

COACH

PUNISH



CLASS 11 - HUMAN RESOURCE MANAGEMENT



Key elements

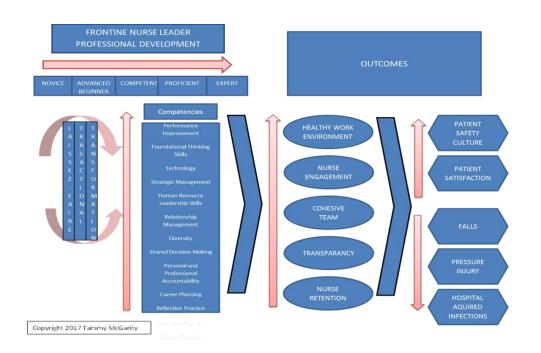
Consistency

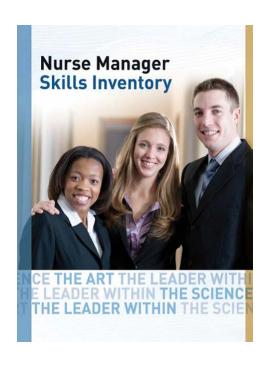
Discipline appropriate for the offense



CLASS 12 – TYING IT ALL TOGETHER

How have you operationalized?





GRADUATION



RESULTS

 Attending a FLNL curriculum program has shown to improve the competency levels of all 20 participants in all 15 competency levels

- Pre-survey average competency 2.91
- Post Survey competency ranking of 3.65
- Findings revealed that neither experience as a nurse or time as a FLNL is a proven way for the FLNL to develop the needed competencies

IMPLICATIONS

PRACTICAL IMPLICATIONS

Demonstrating that all the 20 PCCs improved in these foundational competencies after attending the PCC curriculum program "reinforces the need for targeted strategic development of frontline nurse leaders to develop competence in leading people and in managing processes and systems."

RECOMMENDATIONS

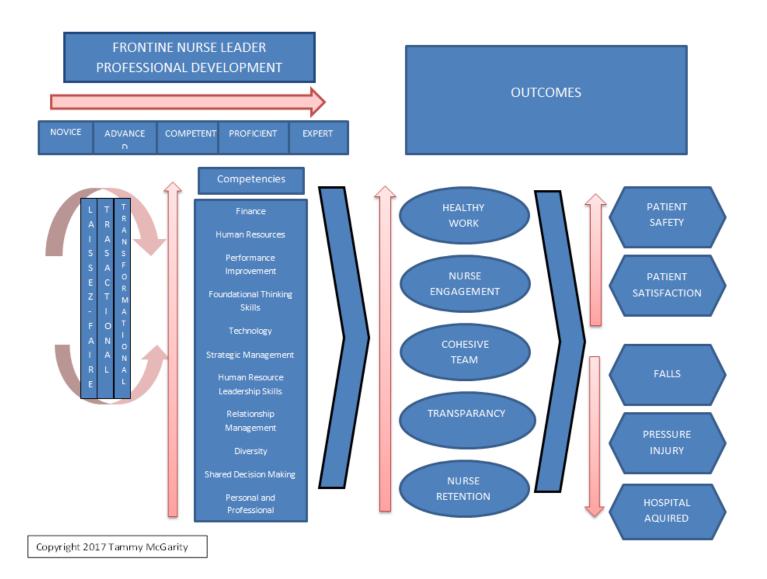
FLNL DEVELOPMENT

- Competency Assessment for all new Frontline Nurse Leaders
- Peer Socialization
- System Leadership Exposure
- Formal Leadership Development
 - Classroom
 - Project Application

WHAT WOULD WE DO DIFFERENTLY

- Add Project Management Component
- Consider Accountability for Ongoing Practice of Reflection

ADVANCING NURSING SCIENCE



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THANK YOU