Patient choice for people with long-term conditions: Conversations with nurses.

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To explore nurse perceptions of patient choice, for people with long term conditions.

Method

A series of three interview conversations were held; participants were the researchers. One researcher was the interviewer, while the other two researchers were interviewees. Each researcher took their turn to facilitate an interview with the other two researcher-participants.

Methodology

Our work is auto-ethnographical. As 3 nurse-researchers, we wanted to initially forge knowledge collaboratively, establish disciplinary boundaries around our understanding of patient choice (3). This will then be extended to further exploration of patient choice as prospective longitudinal research.

Preliminary Results

Choice in health is “medicalised and requires compliance with in a paternalistic system”. In addition, health professionals’ healthcare management and choice of care is not always in tandem with patients’ choice. “Compliance is the imposition of having no true choice.”

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